

Winter bicycling is fun, providing that you keep warm. Here are a few practical suggestions from the Kalamazoo Bicycle Club.

1. Wear insulated waterproof cap with a peak and ear flaps. The peak keeps snow or rain out of your eyes.
2. For low wind chill temperatures consider using a chamois leather ski mask. Alternatively, use a double knitted ski cap with ski goggles for full face protection.
3. Wear a woolen scarf. One of angora wool is ideal.
4. Wear a woolen vest next to the skin, or wear thermal underwear.
5. Wear a ski type insulated jacket or hunting jacket, with zippered fronts for regulating body heat.
6. Wear cotton or heat reflecting glove liners inside oversize insulated gloves or snowmobile mittens.
7. Corduroy slacks are hard wearing, warm, wind resistant, & relatively inexpensive. Or ski slacks are ideal.
8. Use wrist sweatbands for trouser leg clips. They keep your slack out of the chain and keep your ankles warm.
9. Wear a size larger shoes with insulated socks or fleece lined booties, heat reflecting inner socks, or battery operated socks.
10. Use highly visible colors for your winter clothing. Hunting orange is very visible to car drivers even on dull days.
11. Use fenders to avoid spraying yourself or companions on wet roads. By keeping dry you will stay warm. Light weight plastic fenders can be purchased locally.
12. Carry a bicycle cape and be prepared for wet weather.
13. Carry an extra wool sweater.
14. Carry an extra pair of socks. you may want to double up if it gets cold, or change them if you get wet.
15. Use a saddle bag or touring bag to carry spare clothing, tools, cape, and perhaps a hot beverage.

The Kalamazoo Bicycle Club announces its ride schedule for January and February 1972. All riders are invited to join in on the rides, membership in the club is not required. However, membership in the club does have its advantages; a news letter, League of American Wheelman affiliation, and registration at special events sponsored by the K.B.C. this Spring and Summer. Young adult membership (under 14) is \$2.00 a year, adult is \$3.00 a year, and family membership is \$5.00 a year.

Sunday January 16th, 1972 Oshtemo to Paw Paw - Start at  
Hardings parking lot in Oshtemo. 14 Miles One Way

Saturday January 22nd, 1972 Portage to Vicksburg - Start at  
Zayre's parking lot, South I-94 on Portage Rd.  
(West side of lot) 15 Miles One Way

Sunday January 30th, 1972 Kalamazoo to Plainwell - Start at  
Maple Hill Mall at the East side of Montgomery Wards  
parking lot. 13 Miles One Way

Saturday February 5th, 1972 Kalamazoo to Fort Custer (Augusta)  
Start at Zayre's parking lot.  
(West side of lot) 15 Miles One Way

Sunday February 13th, 1972 Portage to Schoolcraft - Start at  
Portage Post Office in Portage Plaza, 7526 S. Westnedge.  
14 Miles One Way

Saturday February 19th, 1972 Oshtemo to Gobles - Start at  
Hardings parking lot in Oshtemo. 16 Miles One Way

Sunday February 27th, 1972 Kalamazoo to Climax - Start at  
Cor- Lane Shopping Center. 16 Miles One Way

For further information on any of the rides, please call:

Brian Chappell - RD. Capt.	382-1823	John Lacko	375-3689
Ross Barker	327-3684	Ray Barnes	381-8520