

PEDAL PRESS

ride schedule

april 1982

- Sat. Apr 3 Ride from Hackett High,
1000 W. Kilgore, 12:00. Donna
Ryskamp
- Sun. Apr. 4 Meet at Kalamazoo Central
Drake Rd., 2:00. 12-35 miles, some
hills. Dan & Karen Ferrara 381-0922
- Sat. Apr. 10 Spring Valley Park on Mt.
Olivet Rd, at water tower. 10:00
20-25 miles, Richland and back,
flat to rolling. Phil Caruso
LAW Easter patches \$1.25
- Sun. Apr. 11 Behind Fred's Market in
Schoolcraft. 2:00, mostly flat
LAW Easter patches \$1.25. Jan
McLain
- Sat. Apr. 17 Kalamazoo Valley Comm. College
Ninth & O at 1:00. 15-40 rolling miles
Sandy Kimbrough 381-1724
- Sun. Apr. 18 Jan and Alvin's birthday ride
from Green Meadow School, MN and 26th,
10-25 miles, at 1:30.
- Sat. Apr. 24 Oshtempo Hardings at 11:00
15-35 rolling miles. Scott McLain
- Sun. Apr. 25 SPRING VALLEY RACES at Spring
Valley Park on Mt. Olivet Rd. 9:00

General meeting will be Monday, April 19,
at Kalamazoo Valley Community College, Ninth
and O Avenue. Everyone is welcome.
Meeting will start at 7:30, with the program
starting at 8:15.

The program for the April KBC meeting will be
on proper bicycle adjustment (with Jim Stark
and Paul Wells).

Proper adjustment of the seat and handlebars
is essential to comfortable and efficient
riding. This is more important than new bikes
and flashy components and special bikers
clothing. Please bring your bike and we will
explain adjustment then help you adjust yours.
We will provide the tools.

TIME TRIALS will start again on the first
Tuesday in May.

WELCOME TO OUR NEW MEMBERS

Dave Breithaupt	101 Gary Center, Campus Rec., Kalamazoo	383-0440
Steve Johnson	3355 Stonebridge #4, Portage	329-0035
Gatis, Ligita, Andris & Sandra Samsons	6426 Eagle Ridge Dr., Kalamazoo	343-5341



Kalamazoo Bicycle Club



MINUTES OF MARCH MEETING

TREASURERS REPORT:

The Club has a balance of \$103.87 in the checking account.

SPRING VALLEY RACE:

This years Spring Valley Race will be on Sunday, April 25, with the first race to start at 9:30. Anyone willing to help with sweeping the course, lap counting or generally helping where needed, please call Paul Wells, 345-6570. This is a great race for spectators to watch so try to come and support our racers.

COMMUNITY RIDE:

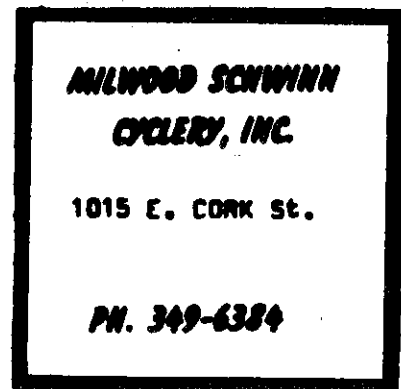
Our Community Ride will be held on Saturday, May 15. We are planning on giving out racing caps with each registration and having workshops on safety and maintenance. We hope to show some films on safety.

EXPLORER POST:

Andre Baracka, of the Boy Scout Office, came to our meeting to see if we would be interested in sponsoring a Bicycling Post. If anyone is interested in volunteering some time to help with this kind of a project, please call Pat Wells, 345-6570.

PROGRAM:

Thanks to Doug Fattic for the very interesting program of Frame Building. I'm sure everybody enjoyed it and learned a lot of things about how frames are built.



SPRING VALLEY RACES

Spectators are welcome to join us. Bicycle racing is an unfamiliar sport, and the untoured are often at a loss to determine what's happening. We offer these words as an introduction to the sport.

Two slates of races are offered, one for riders licensed by the United States Cycling Federation, the other for riders not licensed. Races for unlicensed riders are shorter than those for USCF riders, and the entry fee is lower, to encourage the inexperienced to sample the sport.

Racing cyclists travel in packs. A group of cyclists can go faster, usually, than can a single cyclist. At racing speeds, in the vicinity of 25 mph, wind resistance is the racing cyclists major problem. By taking shelter behind another bicyclist, a rider can get an opportunity to "rest" while the other rider fights the wind. The leader, of course, soon drops back to take his turn in the wind shadow. Bicycle racing is characterized by groups of cyclists sharing the work in just this way.

Tactics are ways to make groups smaller. At Spring Valley Park, tactics are built around the short, steep hill near New Horizon Village and the narrow bike path near the park's entrance - both of which change the shape of the group, and allow the leading riders to break away. Strategy is knowing when to break away.

The race can best be viewed either from near the tennis courts on the north side or from near the playground on the south side of the park.

HELP IS NEEDED -

Sweepers - to come out early on the day of the race and help sweep the course free of glass and gravel.

Someone to help keep spectators, joggers, Sunday strollers, stray dogs, etc. off the course.

Someone mechanically inclined to change the lap boards as a race progresses.

People at the finish line to help pick finishers.



Clean-uppers after the days events.

Everyone is welcome to help work.

Would you like to spend a full weekend riding with several hundred other cyclists? And have the opportunity to attend workshops devoted to bikers interests?

Full details are given in the attached forms for the LMB Rally being hosted by the Grand Rapids Rapid Wheelmen. The Rally is only two months away, sign up now!

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officers

President	Pat Wells	345-6570
Vice President	Earl Atkins	
Secretary/ Treasurer	Jan McLain	327-2256
Road Captain	Jan & Dave Hageman	382-2656
Program Director	Paul Wells	345-6570
Librarian	June Godfrey	349-4787
Editor	Sandy Kimbrough	381-1724

membership form

PLEASE PRINT

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Birthdate _____ Sex _____

For family membership, please list entire family:

Name _____ Birthdate _____ Sex _____

Signature _____ Date _____

(if under 18)

Parent Signature _____

Kalamazoo Bicycle Club

DUES (check one)

_____	Adult membership	\$6.00
_____	Family membership	\$8.00
_____	Youth (17 or younger)	\$4.00
_____	Senior (60 or older)	\$4.00

Mail to: KBC

Box 527

Kalamazoo, MI 49005



