

# PEDAL PRESS

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## APRIL MEETING

April 18  
7:30 in Room 2006  
at Kalamazoo Valley  
Community College  
PROGRAM: On The Road Repairs

## APRIL 83

### APRIL RIDE SCHEDULE

Like most clubs, KBC has some traditional, standard rides. This month we offer two of them: The Birthday Ride for the two April birthdays we know about, which started as a party for Alvin; and Farm Survey, which Jini Caruso started and ran every month to ensure a ride she could finish when she first rode with the club.(1976) Other traditional rides will follow.

SATURDAY, APRIL 2: 1:30 PM from Pavilion Township Hall, corner of Q ave and 29th street. FARM SURVEY I: 15 or 20 miles. 2-2 1/2 hours to ride. The short loop is completely flat, the longer has a mild rolling stretch. Both loops include a small waterfall and a stop at Scott's Mill Park to eat the snacks we'll probably buy in Scotts. The longer loop has, in the past, had swans in a pond and a rough stretch in the road. EASTER PATCHES AVAILABLE, \$1.50. Jini Caruso, 381-0135

SUNDAY, APRIL 3: 3:00PM from Spring Valley Park on Mt Olivet. Meet near the water tower. 20-40 miles through rolling countryside. Sandy Kimbrough 381-1724 EASTER PATCHES AVAILABLE, \$1.50

SATURDAY, APRIL 9, 2:00PM. from KVCC meet in the NE corner of the parking lot . 10-40 miles through rolling countryside in 3-4 hours for the longer loop. Dave Hageman, 382-2656.

SUNDAY, APRIL 10. 2:00PM from the Centre Street Car Pool Lot at US 131 & Centre. 10-20 miles through flat to rolling countryside. John Hart.

SATURDAY, APRIL 16, 10:00AM from Green Meadows School, just east of the corner of MN ave and 26th street. THE BIRTHDAY RIDE! 25-30 miles of mixed flat and rolling countryside in 3-4 hours. Refreshments after. HELP JAN HAGEMAN AND ALVIN HOLMES CELEBRATE THEIR BIRTHDAYS AND EAT THE CAKE! Jan Hageman, 382-2656.

SUNDAY, APRIL 17 1:30 PM. from Pavilion Township Hall, at Q ave and 29th street. 15-50 miles of flat to rolling countryside. Jan McClain 327-2256. PACK A LUNCH FOR THE LONG LOOP.

**over**



**Kalamazoo Bicycle Club**

**MILWOOD SCHWANN  
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SATURDAY, APRIL 23, 10:00PM from the parking lot of Fred's Grocery in Schoolcraft. 50 miles of mostly country riding over flat to rolling roads in 5-6 hours. Marlene Hoyer, 327-4263 PACK A LUNCH.

SUNDAY, APRIL 24 2:00 AM from Green Meadows School, just east of the corner of MN Ave and 26th street. 20 to 30 miles of flat to rolling terrain in two to three hours. Phil Caruso 381-0135

SATURDAY APRIL 30 10:00AM. from Pavilion Township Hall at Q ave and 29th street. loops of 15 and 50 miles through flat to rolling countryside. Tours will stop at Scott's Mill Park Scott McClain, 327-2256. If you plan on the long loop, PACK A LUNCH.

SUNDAY MAY 1 2:00PM from Spring Valley Park on Mt. Olivet (meet near the water tower) 15-30 miles of rolling countryside at a 10-12 miles an hour pace. Alvin Homes 349-3546

THE MAY AND JUNE RIDE SCHEDULES ARE OPEN FOR LEADERS. CALL JINI CARUSO 381-0135 TO CLAIM A DATE, ESPECIALLY IF YOU HAVE A NEW IDEA: Thursday evenings at 7pm from Lexington Green School, Tuesday mornings at the time and place of your choice and week-end days, plus Memorial Day Monday are open. Jini is looking for someone to lead a picnic ride Memorial weekend. The Ride Captain usually does it and she can't.

**OUT OF TOWN RIDES OF INTEREST**

May 1: Blossomtime Metric Century sponsored by Berrien Bicycle Club

May 14: Maple City Metric sponsored by Adrian Maple Wheelers from Adrian Michigan

May 15: KBC Spring Ride

June 4th: 100 Grand sponsored by Rapid Wheelmen

June 18: Great Northwest Tour from Maple City Glenn Lake area

CLUB OFFICERS - 1983

President . . . . .	Scot McLain . . . . .	327-2256
Vice President . . . . .	Kaylin Winther . . . . .	323-1951
Secretary-Treasurer . . . . .	Jan McLain . . . . .	327-2256
Newsletter Editor . . . . .	Phil Caruso . . . . .	381-0135
Road Captain . . . . .	Jini Caruso . . . . .	381-0135
Librarian . . . . .	June Godfrey . . . . .	349-4787
Race Information . . . . .	Terry Florian . . . . .	375-0695
Race Promoter . . . . .	Brian Richards . . . . .	349-3484

## MINUTES OF MARCH MEETING

(On the day of the meeting, school was cancelled at KVCC. Jan McLain was thoughtful enough to offer her home as a meeting place. Thank you Jan. She called the officers but obviously could not call everyone on the mailing list.)

**TREASURER'S REPORT** Jan McLain reported that the Club checking account has a balance of \$147.74 and an outstanding bill for the roller races of about \$40. She also reported that renewals and new members are coming in.

**SPRING RIDE** John Hart reported on the status of the Spring Ride. He reported that the Spring Ride will be held May 15th and will start out of Tobey Elementary School. The loops will be from 5 miles to 50 miles with all but shortest loop stopping at Scotts Mill. The Club will provide riders fruit and drinks and fanny flags. There will be a limited supply of patches, hats available. Fees will be \$2.50 for individual riders and \$5 for families. Memers will only be charged \$2 and \$4.50 respectively. Food will be available at a limited number of grocery stores in small towns the ride will pass through and the ride (which one?) will allow tops at two Parks.

**SPRING RACE** At the March Business meeting a progress report of the Spring race was not available. Because there was no report, the members present were not able to take any action for or against the race.

Since the meeting the Club's Board Members have decided to cancel this year's race. We, the Board, felt that a decision was necessary for this newsletter since the race was schedule for April. Our reasons for cancelling include the fact that the Spring Valley course is too dangerous to race on and a substitute course could not be obtained in such short notice.

The Board would like to thank Brian Richards and the many people that volunteered to help with the race and hopefully we will be able to hold a race later this year or next Spring.

**NEWSLETTER SURVEY** About ten people have responded to the rider survey,. Thank you very much for your interest. The results will be reported in this newsletter.

**WMU BIKE CLUB** We have been contacted by a student from WMU indicating that they are interested in starting a bilcle club on campus. The students involved are primarily interssted in Triatholon activities.

**EVENT EXPENDITURES** It was pointed out that expenditures by promoters of events need approval of Executive Board. Monies received are to be deposited in the treasury and then disbursed.

**PROGRAMS FOR FUTURE MEETINGS** Scot McLain asked those present whether they had any ideas for programs for future meetings. It was agreed that the Club should try to arrange another vistit with Jeff Willson from the Sports Medicine Clinic at WMU to tell us about stretching excercises. Scot agreed to ask Jeff if he would be willing to come. It was agreed that at the next meeting we would demonstrate on the road repairs.

WELCOME TO OUR NEW MEMBERS!!

Robert, Janice, Brenda & Janel DeBruyn	179 Fineview, Kalamazoo	344-7879
Bev, Brady & Patrick Gallagher	1227 Roseland, Kalamazoo	381-4668
Dava Thomas	718 Homecrest Circle, Kalamazoo	344-2011
Gail VanAmberg	1415 Concord, Kalamazoo	375-9725
Charles, Patricia, Nicole & Danielle Fuentes	5886 Leon Ave., Scotts	327-2809
Daniel McLaughlin	8420 Valleywood Lane, Portage	327-1822
Renee Murphy	302 Stuart St., Kalamazoo	349-7359
Randy, Laurie, Gary & Colleen Allan	1032 Fargo, Kalamazoo	343-7103

PRESIDENT'S NOTES

Members of the Club; I would like to take this opportunity to introduce myself, Scot McLain, and Kaylin Winther. We will be the new President and Vice President, respectively, of the Bicycle Club for the remainder of this year.

I am 19 years old and have been cycling seriously for 5 years. I was the Secretary of the Club in 1979 and Vice President in 1980.

During those years I was also racing in the United States Cycling Federation. In the last two years my interests have turned from racing/touring to strictly touring. I do much of my touring on a tandem with the Club's new Vice President.

Kaylin Winther has helped the Club in the past with various events and is enthusiastic in becoming further involved. I hope that we will be able to meet the challenges ahead and most of all be able to enjoy your company on the open road. Hope to see you at the meetings!

*Scot McLain*

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FROM THE RIDE CAPTAIN: SUMMARY OF THE RIDE SURVEY.

Thank you for your responses. The results are indicated below.

**DISTANCE:** 10-20miles and 20-50 miles were the most popular distances. Beginning in May we will offer at least one short ride a week-end.

**WEEKDAY START TIMES:** Our schedules are all different, and there was no clear pattern here. Thursday nights will continue at 7pm.

**WEEK-END START TIMES:** The last survey we did resulted in the frequent KBC pattern of Saturday morning and Sunday afternoon. This survey suggests we try Saturday afternoon and Sunday morning.

**PACE;** There was no clear pattern here. Strong riders are reminded that they can always go off the front. Part of the reason KBC now offers so many routes with several loops, is so the strong riders can start and finish with the slower ones, if the faster do the long loop, and the slower do the short loop. This means we can all stand around the parking lot before and after and talk with those we don't often ride with, because of our differing pace preferences.

**FOOD** was not a big attraction. A SPOT OF INTEREST WAS. We'll try to oblige.

**HELP** I'm used to doing surveys where confidentiality is an important consideration, so I didn't ask for names. Will the former AABTS member and the member interested in community bike education please contact me so the club can follow up on your suggestions?

**MEMBERS:** Please feel free to respond with your views on any subject that is published in the Newsletter. We would also like our members to contribute any news or other interesting material, stories, jokes, trips, etc., that might be of interest to other members. Send articles to Kalamazoo Bicycle Club, P.O. Box 527, Kalamazoo, MI 49005.

**CLASSIFIED ADS**

**Bugger Wanted:** Mike Payne is looking for a bugger or some other kind of trailer. If anyone has one they would be interested in selling please call Mike at 349-9139.

**EXTRA TOSRV REGISTRATIONS** Donna Ryskamp wants to buy an extra TOSRV registration. If you have one you are willing to sell, call Donna. In the late evening she can be reached at 349-6811.

1983 KBC-CROSSROADS ROLLER RACE

by Scot McLain

The Club sponsored Roller Race was held at Crossroads Mall this year on March 5th. The turnout of only 11 racers was disappointing; however the races were exciting for the many spectators that were on hand.

The first event of the day was the 1500 meter (.93 mile) time trial. Each rider took a turn against the clock and when the racers had finished Ken Nowakowski came out the clear winner with a time of 1:06.22 minutes or an average speed of 50.5 mph. Jef Mallett took 2nd place with a time just 3.5 seconds slower than Kens. Third place was taken by our own Dan Ferrara with a time of 1:13.47 minutes.

The racers were divided into two categories with the six fastest time trialists going into class A and the other five going into class B. During the next few hours the racers were paired against each other in a double elimination series, which means a racer can lose twice before being eliminated. After the racing was complete the results came out as follows:

CLASS A	TIME TRIAL	MILES PER HOUR	RACE
1. Ken Nowakowski	1:06.22	50.5	1:07.10
2. Jef Mallett	1:09.71	48	1:10.63
3. Dan Ferrara	1:13.47	45.5	1:15.24
4. John Segard	1:15.95	44	1:15.35
5. Nathan Jarrett	1:19.19	42	1:20.33
6. Sue Fry	1:22.64	40.5	1:24.41
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CLASS B			
1. Kirk Ditterich	1:47.35	31	1:19.85
2. Steve Geerligs	1:23.42	40	1:21.08
3. Scott Schad	1:26.32	38.8	1:26.16
4. Karen Obermeyer	1:38.13	34	1:30.29
5. Ann Marie Obermeyer	1:28.64	37.7	Dropped

**Roller Races Scarred by Sand-bagging:**

I do not wish to accuse anyone of sand-bagging, but it may be necessary to point out a few problems with the current methods of roller racing. I also wish to offer some alternatives.

An often seen occurrence in roller races is a rider who sand-bags the time trial event. By the term "sand-bagging" I mean that a rider does not ride as fast as the rider is capable of. A rider would sand-bag (ride slow) during the time trial so that he would be placed into the slower category of riders. Prizes, including cash, are awarded to the top riders in each class. This is the reason a rider would sand-bag. By being placed in the slower division rather than the fast one a rider would have a greater chance of winning.

I have seen this occur in more than one roller race, including this years event. Evidence of sand-bagging can be seen in the race results when they are compared to the time trial results, (see results list).

As can be seen in Class A, the six racers finished in the exact order of the time trial times, which is expected to happen. The results of Class B, on the other hand, are quite different.

Kirt Ditterich finished in last place in the time trials with a time of 1:47.35 minutes or 24 seconds slower than the fastest time for Class B. He then went on to win all of his races and take first place in Class B. His winning time was 1:19.85 minutes which is 25% faster than his time trial time in a race which is less than a mile in length.

The large difference in times was never noticed by any of us who were running the events, had it been pointed out to the referee, I am sure some actions would have been taken to make things fair.

Possible solution:

In future roller races I suggest we enforce a rule much like in auto racing. The rule would stipulate that a rider cannot win a race with a time that is 10% or more faster than his time trial time. This rule would force the riders to go all-out in the time trial event.

During our roller race Kirk was the only rider to top his own time trial time by more than 10%, with most of the riders times becoming slower. Thus, an anti sand-bagging rule would have worked. The final decision should be left to the head referee.

I hope that our club uses an anti sand-bagging rule at our next roller race. Sand-bagging has occured too many times in the past and it is not fair to the other racers.

# membership form

*Kalamazoo Bicycle Club*

PLEASE PRINT.

Name \_\_\_\_\_

DUES (check one)

Address \_\_\_\_\_

\_\_\_\_\_ Adult Membership \$6.00

City \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

\_\_\_\_\_ Family Membership \$8.00

Phone \_\_\_\_\_ Birthdate \_\_\_\_\_

\_\_\_\_\_ Youth (17 or younger) \$4.00

\_\_\_\_\_ Senior (60 or older) \$4.00

For family membership, please list entire family:

\_\_\_\_\_ NEW MEMBER

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

\_\_\_\_\_ RENEWAL

Signature \_\_\_\_\_ Date \_\_\_\_\_

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Parent Signature \_\_\_\_\_

Kalamazoc, MI 49005



