

PEDAL PRESS

JUNE - JULY 1985

JULY MEETING The next meeting will be July 15 at 7:30 at Kalamazoo Valley Community College. Meet at the Tower entrance.

STANDING CLUB RIDES

The following rides will be occurring regularly.

NOTICE: Beginning this month ride leaders will be asked to get signatures of ride participants on a release form. We have been advised to do this to protect the club from liability. Ride leaders are instructed to not provide a map to anyone who refuses to sign the release form.

TIME TRIALS: Every Tuesday evening at 7:00 there will be a ten mile time trial at 7:00 from just past the railroad tracks in Augusta. Riders should arrive earlier if they wish to warmup. Call Sandy Kimbrough for more information.

TRAINING RIDE: Every Sunday Paul Visich will stage a training ride of about 40 to 60 miles from Spring Valley Park at the Water Tower on Mt. Olivet. After trying this for April and May, Paul wishes to make some modifications by dividing the ride up into two groups as follows:

Group A: Faster pace, averaging about 20 miles per hour with a distance of 50 to 75 miles.

Group B: slower pace, but still designed to be a training ride. Average speed will be 15 to 18 miles per hour and the distance will be 30 to 50 miles.

Group B will be leaving one half hour before group A. All rides will start from the upper parking lot of Spring Valley Park. If you are not sure which group to ride with start with group B. You can always jump in with group A when they go by. Group A will leave at 2:00 and B will leave at 1:30. Call Paul at 349-3147 to make sure the ride is on or for further information.

PACELINE WORK: Every Saturday at 12:00 Dan Ferrara will lead a ride of about 20 to 40 miles starting from the parking lot of Kalamazoo Central High School. The intent of this ride is to practice riding in a paceline and speed is less important. Call Dan at 382-3200 for additional information.

TUESDAY MORNING: Now that school is over, some members will be leading rides on Tuesday mornings. See ride schedule for time, location and distance.



Kalamazoo Bicycle Club



KALAMAZOO CRITERIUM

From previous issues of the **PEDAL PRESS** you may recall our announcement of the **KALAMAZOO CRITERIUM** which will be held in downtown Kalamazoo again this year!! The Date is **JUNE 30**. It will be bigger and better this year. **FIRST OF AMERICA** is providing financial support and the prize list will be \$5,000 this year. Of course, the Club will need also support from **YOU**. On the day of the race we will need lots of people to help with the staging of the race. We would like sufficient people so that no one works more than three hours. This event is not only colorful but provides the Club a great opportunity. We will be calling you to sign you up for a task. You may call Paul Visich or Tom Kayser to put yourself on the list of volunteers. Paul's number is 349-3147 and Tom's is 344-0470.

REPORT ON THE KAZOO RIDE: The Kazoo ride was a moderate success for a first time ride. People liked the route and the facilities at Nazareth were excellent and have lots of potential. Because of the donation of time, money and effort by Club members we attracted 99 riders and only made a loss of about \$37. If we are to stage this ride again we need to make some administrative changes and we need to more accurately measure the route or design a route of intermediate distance. Jini would like to thank all of the volunteers. We know the following people helped and merit our thanks:

Pat Carroll, Dan and Karen Ferrara, Dave and Jan Hageman, Alvin Holmes, Jacquie and Terry Jackson, Tom Kayser, Sandy Kimbrough, Jan McLain, Scot and Kaylin McClain, Lori Reasoner, Gail Van Amberg Slaughter and Paul Visich

We didn't keep track of the "cookie people" but the riders definitely enjoyed the homemade cookies.



MILWOOD
SCHWINN CYCLERY
1015 E. Cork Street
Kalamazoo, Michigan 49001



The Kal-Haven Trail It is expected that final approval of the Kal-Haven Trail project will be granted this summer. Once the Trail is in operation, the Friends of the Kal-Haven Trail will be responsible for managing the Trail. There will still be lots of work to do and your membership and participation is still needed. Annual membership dues begin at \$5 for an individual. For additional information write to :

Friends of the Kal-Haven Trail
P.O. BOX 9
Gobles, MI 49055

NEEDED: Licensed EMT for Bicycle Camping Trip for the Week of July 20th to July 27th. Call Alvin Holmes 349-3546.

JUNE - JULY RIDE SCHEDULE

Thursday June 6: 7:00 from Kalamazoo Valley Community College (KVCC) at O Ave and Ninth Street. Richard Tyler

Saturday June 8: 100,000 Meter T-shirt ride from Grand Ledge

Sunday June 9: 1:30 from Tobey Elementary School at 8551 East Long Lake Dr. Loops of 14-62 miles. Jan McLain

Tuesday June 11: 10:00 from Green Meadows at MN and 26th. 24 miles Jan Hageman

Wednesday June 12: "Ride for Jami" Bike-a-thon in memory of Jami Millward. Funds raised will go to St. Jude Children's Research Hospital. Pledge forms available at Public Libraries. For additional information call Melanie Blanks at 342-9155.

Thursday June 13: 7:00 from Kalamazoo Academy at Sprinkle and MN. 9 to 20 miles. June Beck

Saturday June 15: 9:00 from Augusta. A short loop of 20 miles to the Bird Sanctuary and a longer loop of 40 miles which will stop at Turkeyville. Bring money for lunch if you wish to do the longer loop. Sandy Kimbrough

Sunday June 16: No Club Ride Great Northwest Tour

Tuesday June 18: 10 AM Pavillion Township Hall at Q and 29th Jan McLain

Thursday June 20: 7:00 from Kalamazoo Academy at Sprinkle and MN. Rick Tyler

Saturday June 22: 10:00 from Green Meadows at at MN and 26th. 35 flat to gently rolling miles. Jan Hageman

Sunday June 23: 5:00 PM from KVCC at O Ave and Ninth Street. 15 to 30 rolling miles Sandy Kimbrough

Thursday June 27: 7:00 KVCC O Ave and Ninth Street. Rick Tyler

Saturday June 29: 10 AM from Pavillion Township Hall at W and 29th. Loops of 25 and 50 relatively flat miles. Those who intend to ride the longer loop may wish to bring lunch or money for lunch. Phil Caruso 381-0135.

Sunday June 30: First of American Freedom Classic Race **DON'T FORGET TO VOLUNTEER TO WORK**

Tuesday July 2: 9:30 A M from Comstock North Elementary School at 26th and H Ave. 20 to 30 miles Jini Caruso



Thursday July 4: 10 AM Pavillion Township Hall at Q and 29th.
 9 to 50 miles. June Beck
 Saturday July 6: 9:00 Spring Valley Park on Mount Olivet
 Road. 20 to 30 rolling miles. Dave Hageman
 Sunday July 7: 1:30 from D Ave and 131 Commuter Parking Lot.
 20 miles. Bring money for ice cream. Alvin Holmes
 Tuesday July 9: 10 A M from Centre Ave and 131 Commuter Lot.
 12 to 36 miles Jan McLain
 Thursday July 11: 7:00 from Kalamazoo Academy at Sprinkle and
 MN. June Beck
 Saturday July 13: 10:00 AM from behind Fred's Grocery Store in
 Schoolcraft. 30 to 50 miles Scott McLain
 Sunday July 14: 9:00 from Green Meadows School at
 MN and 26th. 20 to 40 rolling miles. Sandy Kimbrough
 Tuesday July 16: 9:30 from Comstock North Elementary at 26th and H.
 About 20 miles to Kellogg Bird Sanctuary and back Jini Caruso
 Thursday July 18: 7:00 from Kalamazoo Academy at Sprinkle and
 MN. Scott and Kaylin McLain
 Saturday July 20: Holland 100 and first day of Amishland and
 Lakes
 Sunday July 21: 4:00 Green Meadows School at MN and 26th.
 20 and 30 miles Jini and Phil Caruso
 Tuesday July 23: 9:30 from KVCC O Ave and Ninth Street.
 20 - 30 miles Jini Caruso
 Thursday July 25: 7:00 Kalamazoo Academy at Sprinkle and
 MN. Dave Hageman
 Saturday July 27: 2:00 from Spring Valley Park on Mount Olivet
 Road. 20 - 30 rolling miles, Phil Caruso
 Sunday July 28: 1:30 from Centere Street and 131 Commuter
 Parking Lot 17 and 28 miles. Some hills, gently rolling. Jan
 Hageman
 Tuesday July 30: 9:30 from KVCC O Ave and Ninth Street.
 20 - 30 miles. Jini Caruso
 Thursday August 1: 7:00 from Kalamazoo Academy at Sprinkle and
 MN. June Beck

OTHER CLUBS' RIDES

June 8: 100,000 Meter T-shirt Ride from Grand Ledge, Mi
 June 15-16 THE 2ND ANNUAL MICHIGAN NATIONAL 24-HOUR CHALLENGE
 June 15-16 The Great Northwest Tour from Glen Lake High School
 Last Week of June: Pedal Across Lower Michigan (PALM)
 July 3-7 LAW National Rally Madison Wisconsin
 July 6: Seaway Bicycle Tour sponsored by Muskegon Bicycle Club
 July 13: ONE HELLUVA Ride
 July 14: River Raisin Tour from Monroe, Mi
 July 20: Holland 100
 July 21: Blueberry Festival Century from South Haven
 July 20, 21 : Amishland and Lakes
 July 27: WOW Women on Wheels

CLUB OFFICERS - 1985

President: Scot McLain 345-6443
 Vice President: Tom Kayser 344-0470
 Secretary-Treasurer: Jan McLain 327-2256
 Newsletter Editor: Phil Caruso 381-0135
 RoadCaptain: June Beck 349-4787
 Librarian: June Beck
 Race Captain: Paul Visich 349-3147