

Kalamazoo Bicycle Club

August, 1990

## Kalamazoo Bicyclist Killed by Three-Time Drunk Driver

On Wednesday, June 13 in the late afternoon, Kim Whitworth, a local cyclist, was struck by a car driven by a drunk driver while he was riding down Mercury drive in eastern Kalamazoo County on his way to the Kalamazoo Bike Club Time Trials. He was riding in accordance with safe cycling practices and was wearing a helmet. Kim was killed by the impact. Witnesses reported that the driver's auto left the roadway in the process of hitting Kim, knocking over a number of mailboxes.

The driver failed to stop and sped away. He was pursued and finally apprehended by citizens who had witnessed the killing, his car being forced off the road. The driver was held, only under threat of violent measures, until police from the Battle Creek post of the Michigan State Police could arrive.

Since the killing, *Pedal Press* has learned that the driver had already been convicted of two counts of drunk driving. Despite his record, he was driving under a valid Michigan driver's license. Since the killing, he has been charged with a *third* count of drunk driving, as well as vehicular manslaughter.

We in the Kalamazoo Bicycle Club can take action to help see that the perpetrator is punished to the fullest extent of the law, both to provide

a fitting punishment, *and* to serve as a message to all other would-be drunk drivers.

According to Dave DeBack, a fellow cyclist and an Assistant Prosecuting Attorney, we can take the following actions:

1. Write to the prosecuting attorney's office asking that the case be prosecuted to the fullest extent possible. Write to:

James J. Gregart, Prosecuting Attorney  
227 W. Michigan Ave.  
Kalamazoo, MI 49007

[See the response *Pedal Press* recently received from the Prosecutor on page \_\_\_ of this issue.]

2. Write to the judge assigned to the case. A source inside the prosecutor's office has assured me that public sentiment as expressed in letters *does* make a difference in these cases. In your letters, please stress the need for punishment and a deterrent to future drunk drivers. Write to

Phillip Schaefer  
Circuit Court D  
227 W. Michigan Avenue  
Kalamazoo, MI 49007

## August Meeting Returns to Scooter's in Scotts

The August Kalamazoo Bike Club meeting will be held at Scooter's Malt Shop on 36th Street in downtown Scotts (just north of "QR" Ave). The meeting will be held on Monday, August 6 at 6:30 p.m.

A *very* short business meeting will be followed by bike rides over the relatively flat terrain around Scotts. Riders will then return to Scooter's for a repeat of last month's ice cream extravaganza.

For more information about the meeting or for directions on how to get to Scooter's, call Steve Clarke at 384-9487.

### In This Issue

24-Hour Challenge Results	6
August Meeting .....	1
Classifieds .....	9
Component Upgrades:	
Shoes .....	7
Editorial .....	4
Invitational Rides .....	10
July Meeting Report .....	2
KBC Mileage Report .....	8
Letter to the Gazette .....	5
Letters to the Editor .....	6
Maintenance: Chain Waxing	9
Note From the President ..	3
Race Team News .....	2

### Inserts

- KBC Events
- KBC Events Calendar
- Proposed Gazette Ad

---

# July Meeting Report

The July Club meeting at Scooter's in Scotts was a GREAT SUCCESS. We had roughly 40 members attend and everyone had a great time, judging from the empty ice cream bowls and the long conversations. The nice thing about Scooter's is the ability to hang around after the ride and eat ice cream and socialize. Folks stayed long after the end of the rides. The ride was warm and fun. I look forward to the August meeting at Scooter's and hope that if you haven't had a chance to ride with the Club that you give it a shot on August 6.

Our meeting in July addressed the issues of bike safety and motorist/cyclist interactions. KBC must be careful of its public image. Cyclists are reminded to obey the laws that

say only two abreast where safe and ride as far to the right as practicable. We have been lax, and bad reports are getting back to the Club officers. *Please* be extra careful. In light of the recent tragic death of Kim Whitworth [see story, page 1] KBC has decided to start a bike safety and driver education program which will have the mission of teaching the basic rules of riding and driving to cyclists and motorists. Our first attempt at this issue is a plan to purchase a full-page ad in the *Gazette*, listing guidelines for cyclists and motorists [see special insert in this issue]. The ad will cost \$2200.00. The financial state of the Club will not allow us to pay for this out of the Club treasury. We must raise the money independently. Your support is expected and appreciated.

Steve Clarke submitted a letter to the Editor of the *Gazette* regarding Mr. Whitworth's death and taking a strong stand against drunk drivers. This letter is printed elsewhere in this *Pedal Press*. It is signed as the President of KBC and represents a consensus opinion reached at the July meeting. If you have input regarding this letter, feel free to contact Steve.

A volunteer came forward to take over the position as newsletter editor. Watch these pages for further developments.

The August meeting is at Scooter's in Scotts. Ride and eat.

—Steve Clarke

## Race Team News

On July 8, the KBC Race Team met to discuss plans for two mountain bike races for this Fall. The Team suggested that if the touring side of the Club would promote and operate one of the races, the Team would promote the second race. In this way, KBC could have two good fund raisers and the races could ultimately become part of a southwest Michigan race series with a total points system. Steve Clarke agreed that KBC would benefit greatly from these races, and he made a commitment to the Team that the touring component of the Club would promote one of the races. Steve chose the Tur-Ski-Ree race that the team conducted last year [as the touring group's race for this year] because the event had already been run once and would be easier to promote and organize than a new race. KBC members Sue Miller and Jean Gemrich have agreed to promote the race. Steve expressed

great thanks to those two volunteers and hopes that they will not have difficulty in recruiting volunteers from the touring group to help with the race. The second race is tentatively scheduled for October 30 at Kellogg Forest. This race will be promoted by Marty Minka and Dan Ferrara. KBC members will again be asked to assist in the race.

Sandy Kimbrough ended an era this past month when she decided to retire from her position as timekeeper for the Climax Time Trials. She is irreplaceable; her presence will be greatly missed. We bid Sandy THANKS for all her efforts over the past several years. We are very pleased that she will remain a USCF official and an active KBC member.

Discussion ensued regarding the use of the KBC Race team license by other, non-KBC groups for the pur-

poses of promoting a race. KBC does not have a policy regarding this issue. Because in such a case, KBC would be liable, Steve Clarke and Mike Teel agreed to formulate a policy statement.

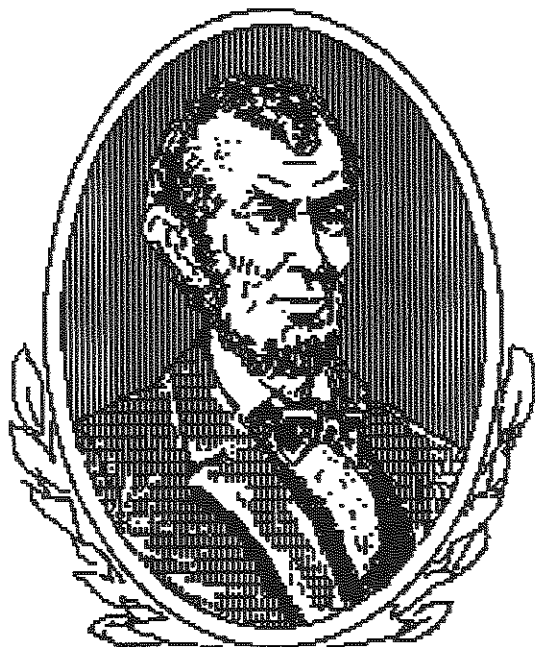
— Steve Clarke 7/16/90

On a personal note, It's important to realize that while many clubs in western Michigan conduct tours, KBC is one of the few that has a race team. It is this feature of the club that KBC should capitalize upon in our plans to raise funds for future club functions. Strong support of the race team's efforts to conduct races will financially benefit KBC. Let's help them out, folks.

--S.C.

# NOTE FROM THE PRESIDENT

— Steve Clarke



KBC President Steve Clarke

The recent tragedy in Climax has brought home a growing fear among cyclists that roads are becoming increasingly unsafe for cyclists. We should not panic, but rather we should take action.

A community as small as Kalamazoo can be reached by KBC and I believe our influence can be asserted in a positive fashion. KBC is nearly 350 memberships strong, with an estimated 500 members. If we work together we can improve bike safety and have a strong influence on local judicial attitudes regarding drunk drivers.

This fall KBC will establish a bike safety committee with the mission of designing an education plan for elementary school children potential for diver's ed. classes. If you would like to be a part of this program, please contact me or leave a message on the ride line (327-7767).

Also this Fall, KBC will be establishing three additional committees: a ride committee to establish a map book and and schedule rides and ride leaders for next year, a constitution committee to draft a new club constitution and set of policy guidelines, particularly involving club expenditures, and third, a volunteer contact committee. We are a large group and can make a difference in the local policies and environment if we take action.

In September, we have a commitment to participate in Bronson Hospital's Health Fair in Bronson Park. We need volunteers,

particularly those who would like to ride rollers and wind trainers. Please contact the ride line by the first of September.

After several letters of chastisement I wish to express my appreciation and excitement for the ever-increasing interest in volunteering for KBC functions. The membership is coming alive and KBC is larger than ever. We are getting great ridership on Mondays and Thursdays. We are having great fun and I feel the future for KBC is brighter than ever. Participation is the key so don't get lazy. We need your help.

Mountain Bike Riders, your help is need at *Al Sabo*. We have not had many volunteers to help with trail maintenance on the first Saturday of each month. I suggest that those of us who use the trails get together and set up our own trail maintenance schedule with input from the Sierra

Club. PLEASE assist.

With mountain bikes and road bikes available, cycling has become a year-round activity for many of us. Thus, KBC will continue to be a year-round organization. Fall and Winter meetings are being planned to discuss bike maintenance and custom building. Do you have ideas? If so, let me know.

Finally, August or September will probably be the last issue of Pedal Press under Marc Luoma. I cannot say enough about how much Marc has done for KBC and about the excellent work he has printed. Marc will continue to be active in KBC and will, I hope, continue to provide his input on a wide variety of KBC issues. THANKS MARC.

## Please Submit Items for the September Pedal Press

The deadline for the September newsletter is Wednesday, August 15. Please send any articles of any kind that might be of interest to the Club membership for the September issue directly to me:

Marc Luoma  
13220 S. 38th St.  
Vicksburg, MI 49097

or call me at 778-3565.

# Editorial: Am I My (Riding) Buddy's Keeper?

If you will, gentle readers, please imagine yourself in the following situation:

It's a beautiful warm summer evening and you're getting close to the end of the Thursday night ride (or Tuesday sprint training, or whatever ride you participate in). It's been a great ride; the training is paying off and you feel strong, maybe your strongest ever. The winds were calm, and the companionship was great: you yakked it up with the usual crowd and even made a new friend.

Here's where the situation gets sticky... Less than a mile from the parking lot, you come upon a red light. One of your companions, wearing a KBC jersey, blows right through. A motorist your buddy didn't see has to brake hard and then sounds their horn. Irritated and startled by the horn, your companion gives the old one-finger salute. What do you do now?

## Choice A:

Look, you're not a cop. You just ride with this person. Besides, who are you to tell someone else how to ride? They might just tell you that it's none of your darn business and that you should stick your opinions where the sun don't shine. After all, what authority do you have to back you up? Finally, confronting this rider might make things a little uncomfortable on the next ride. After all, you come to this ride nearly every week and so do they. It's no fun to have people mad at you.

• **Outcome:** You do nothing.

## Choice B:

The next time, the car might not be so observant and your riding buddy could end up as a hood ornament. Besides, they're wearing a KBC jersey, just like you do. If they do stupid stuff while wearing the jersey, they could give 500 KBC members a bad reputation. Or, worse yet, they could give all cyclists a bad rep. When nationally-syndicated columnists (e.g., Mike Royko) write columns about fantasies of running over cyclists because of dummies on bikes that they've encountered, we don't need any *more* ill will. Sure, your riding buddy will smart a little from your words, but in the long run, you might save a life.

• **Outcome:** you talk to your riding companion about their behavior, letting them know it's unacceptable.

## Your Choice:

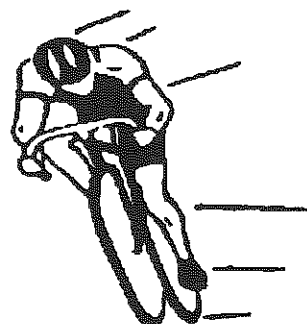
Faced more than once with the above situation, I must confess that I've use both choices. Both arguments carry some weight. This situation *will* happen to you, and you should be ready. What will you do? If you have any thoughts, drop us a line. We'll publish any opinion we get.

*[The views expressed here are those of the editor only and not necessarily those of the KBC, its officers, nor its members.]*

# Thanks, July Ride Leaders!

The following July ride leaders deserve your thanks. The next time you see one of these individuals, let them know you appreciate them leading nice rides for us all to enjoy.

- Bob "Sneakers" Christopherson
- Roberta Hillman
- Sandy Kimbrough
- Steve "Quads" Clarke
- Dan "The Hamster" Dupree
- John Mathieson
- Vince "Crazy Legs" Odenwaller
- Karen Torre (recently voted Ms. Congeniality, 1990)
- Don Povendo



# Letter from KBC to the *Kalamazoo Gazette*

Stephen D. Clarke, President  
Kalamazoo Bicycle Club  
P.O. Box 527  
Kalamazoo, MI 49005

July 6, 1990

Editor  
Kalamazoo Gazette  
Kalamazoo, MI

## **A BICYCLIST AGAINST DRUNK DRIVING (BADD)**

On Wednesday June 13, 1990, Kim A. Whitworth became the victim of a drunk driver. Kim, a resident of Battle Creek, was riding his bicycle to the weekly Kalamazoo/Battle Creek Bicycle Club Time Trials in Climax. He was hit and killed on Mercury drive by a 29-year-old man who had two previous drunk driving convictions. The driver did not stop, but fortunately the driver was apprehended and charged with his third count of driving while intoxicated. It is appalling and tragic that our judicial system allows an individual to have access to a vehicle after multiple drunk driving offenses. Our system gives drunk drivers too many "one more chances." Drunk driving is not a victimless crime. Drunk drivers must be removed from the roads and penalized severely. A simple fine and a few weeks with a suspended license is not sufficient to deliver the message that drunk driving will not be tolerated in our society. Cyclists can protect themselves against many of the hazards we encounter each day through good safety practices. Unfortunately, the attitude of many motorists is that a cyclist deserves what he or she gets because cyclists do not belong on the road. I would like to remind motorists that cyclists have legal rights to the roadway. If motorists do not like the laws then work to change them but do not take it upon yourself to "teach cyclists a lesson" with your 3000 pound car. There is no victory in such an encounter, especially when judgement is clouded by alcohol. As a bicyclist against drunk drivers (BADD) I demand an end to the "one more chance" system which too often leads to the death of innocent children and adults.

Stephen D. Clarke, President  
Kalamazoo Bicycle Club

# Letters to the Editor

## Response From Prosecutor

*[The following is a response to a letter sent earlier this month to the office of the Prosecutor, James J. Gregart.]*

re: James Mast, Jr.

Dear [Pedal Press]:

Thank you for your recent letter concerning the above-captioned criminal defendant and his killing of Kim Whitworth. As you are aware, the defendant stands charged with the felony offense of manslaughter.

...Regrettably, the laws of this state do not permit murder charges in factual situations such as Mr. Whitworth's death. The gross and wanton neglect of driving a motor vehicle while under the influence of alcohol is chargeable only as Manslaughter. ...The Michigan legislature has not seen fit to elevate drunk driving and a resultant homicide to the level of murder.

Please rest assured that my office shall prosecute this case with an aggressive and tenacious zeal. Mr. Whitworth's death was a real tragedy; to the community in general and to bicyclists in particular.

Very truly yours

James J. Gregart  
Prosecuting Attorney

## Cereal City Century, 1990

Dear [Pedal Press]:

September 16 is the date of our Cereal



The *Michigan 24-Hour Challenge* (sponsored by Michigan National Bank) is a one-day test of endurance held each year in Byron Center, Michigan, near Grand Rapids. The basic idea is simple: over three set courses (115, 26, and 6-miles), par-

City Century 1990 in Battle Creek. In hopes that some of your club members would join us on that date, I have enclosed several applications for that ride.

Routes of 25, 40, 62, and 100 miles are offered. We are famous for our homemade cookies at rest stops and delicious lunch which is served at Ketchum Park in historic Marshall. There are also camping spots, showers, and open swimming.

If you have any questions, please be certain to contact me. I hope to have an opportunity to meet your club members on the ride.

Andy Vast-Binder, Chairman  
Cereal City Century, 1990

*[To get an application, just give me a call and I'll mail you one that same day. -ML]*

ticipants ride as far as they can in 24 hours. The actual competition is not so simple. *Bicycling* magazine rated the Michigan 24-Hour Challenge as one of the ten hardest rides in the U.S. This year's top mileage participant rode 469 miles, an average speed of 19.54 miles per hour for 24 hours. Below are all the Kalamazoo finishers, as listed in the official results. Finishers are listed by name and total mileage.

Congratulations to you all!

### Female 30-34:

Roberta Hillman, 385 (Gold medal)

### Male 25-29:

Mark Ehrhardt, 211  
Mike Ayers, 205

### Male 30-34:

Bill Blake, 403 (Bronze medal)  
Mark Jensen, 163  
Dan Loegel, 157  
Ed Maring, 139

### Male 35-39:

John Hart, 205

### Male 40-44:

Steve Clarke, 361 (Silver Medal)

### Male 60+:

Gus Baldauf, 265 (Silver medal)

---

# Component Upgrades: Victory from "De Feet"

When talking about component upgrades that will really make a difference in your cycling, the first thing people usually mention is a set of light wheels. These days, though, most bikes come with reasonably light wheels. Some may even argue that the current fad in wheels is sacrificing durability in favor of light weight.

## Then upgrade the motor, not the bike.

For a sure increase in performance *and* comfort, the next item on the upgrade list has to be a good pair of cycling shoes.

## To Cleat or not to Cleat?

Those gutless cycling magazines will tell you that both cleated and non-cleated cycling shoes have their advantages. Horse hockey! The magazines are just afraid of offending their advertisers that only sell non-cleated shoes. Since I don't have to worry about such trivia, I can force my opinion on you without fear of retribution.

To get any real advantage, buy cleated shoes. Non-cleated shoes are little better than sneakers. Oh, sure, the sole may be a *little* stiffer, and, like *Ruffles*, they may have little ridges on the sole, but let's get serious. What you're looking for here is something that will make a *big* difference. Why spend \$50-\$100 of your hard-earned dough on something that does little more than make your feet look stylish?

## Why Cleats?

When you're locked into your pedals with a good set of cleats, you can

pull *back* and *up* on the pedals just as hard as you can push *out* and *down*. Doing so utilizes different muscles: your legs will work more efficiently and will tire far less quickly.

It's on hills that you'll really notice the difference. Either standing or seated, using all of your leg muscles will let you go up those hills in at least one gear higher than when you're wearing your sneakers.

## What to look for.

Fit, fit, and fit. If you're one of those riders who patronizes the mail-order places, now is NOT the time to do so. Go to one (or preferably more) of the local bike shops and try on every pair of shoes in your price range. (Hint: The folks at the shop will have lots more time to spend with you if you don't go shoe shopping at the peak times like Saturday morning.) Then buy the ones that fit the best.

Beyond fit, most shoes will be similar. They'll be made of nylon with leather trim and will have velcro closures. (Alas, the days of leather, stretch-to-a-perfect-fit shoes have passed.) The sole will be made of stiff nylon or some high-tech sounding stuff (delrin, etc). All shoes now have adjustable cleats, which brings us to the following debate:

## Clipped or Clipless?

It depends on who you talk to, but since your reading *my* article, you'll get *my* opinion: clipless pedals are better. I used regular clips and straps for six or seven years before Look came out with their first clipless binding system. I've since spent a small fortune upgrading my bikes to Look pedals. Most bike shop

personnel as well as the cycling press seems to back me up on this one.

Especially for beginners, clipless pedals are much easier to get into and out of. And when you're in, you're locked in, getting the full benefit of the system. Beginners with regular clips tend to leave the straps loose for fear of falling, which defeats the whole purpose.

The down side of clipless pedals is that you have to cough up for new pedals as well as shoes. Regular cleats will probably work with the pedals you've got.

## Cleat alignment is critical!

Whichever system you choose, make sure to align the cleats properly. If you don't, your knees will never be the same. This is another good reason to buy from a local shop. Rely on the personnel there to help you align the cleats. They've done it hundreds of times before.

Some new clipless pedal systems allow some rotation of your foot. I've never had a problem with any sort of cleats, and none of them rotated. In my cynical opinion, this is just marketing hype, but since this phenomenon is new, you might want to ask around.

Once your cleats are aligned, you're all set. Take a few minutes in a carless parking lot to practice getting in and out of the cleats. Then, on your

# KBC Mileage

The following is the club mileage accumulated so far this year. Some ride sheets are slow to reach the mileage statistician (Jim Tiller), so if your mileage looks low, please be patient. Ride leaders, please be sure to send in all ride sheets that may be hanging around your car or house.

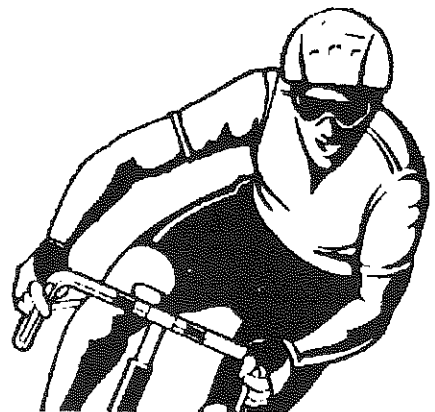
As you can see from the list, Vince Odenwaller is the top-mileage rider with 1045 miles!

**Name      # Rides   Mlg**

Armstrong, Mike	5	108
Augustine, Karen	1	50
Berg, Jim	1	43
Blake, Bill	6	176
Bohl, W.H.	1	20
Brawer, Milton	1	11
Brawer, Neltje	1	11
Brennan, Thom	3	80
Butterfield, Debra	1	14
Carlson, Christine	1	9
Caruso, Phil	8	119
Caruso, Virginia	2	21
Chosay, Kimberly	11	304
Christopherson, Bob	19	517
Clark, Steve	13	996
Clawitter, Janet	1	41
Cobb, Tracy	1	14
Cohon, Larry	1	25
Cosgrove, Brad	6	151
Deboer, Nancy	1	26
Debruyne, Bob	1	20
Dudly, Blair	6	142
Elchardt, Mark	5	132
Erlandson, Holly	2	29
Eshuis, Rita	2	24

Ferrara, Dan	1	30
Fischer, Bill	1	30
Forero, Andres	7	159
Fuentes, Charlie	13	341
Fuentes, Pat	2	36
Gacki, Mike	9	187
Hackman, Brad	5	105
Harwood, Nancy	1	14
Hauschild, Dave	9	539
Hagemen, Dave	2	60
Hagemen, Jan	2	60
Henderson, Jim	2	60
Henderson, Steve	1	20
Hiles, Hanna	2	56
Hillman, Roberta	6	177
Holms, Alvin	1	24
Kayser, Erik	1	14
Kayser, Laura	1	14
Kellam, Glen	1	30
Knop, Marty	5	130
Lewandowski, John	2	123
Little, Keith	2	83
Long, Wilma	12	397
Luoma, Machell	3	200
Luoma, Marc	22	959
Maile, Jean	1	20
Maile, Tom	2	50
Mathieson, John	7	180
McClintock, Cathy	2	93
McWethy, Don	1	43
Murrel, Mike	10	260
Oas, Donna	1	9
Oas, Renny	1	9
Odenwaller, Vince	32	1,045
Peters, Thomas	1	26
Povendo, Don	9	322
Putt, Randy	2	46
Rector, Judy	5	170
Ritchie, Beatrice	1	18
Ritchie, Bill	1	18
Ritchie, Frances	1	18
Rusin, Marcia	6	170

Smith, Conrad	2	43
Smith, Tamara	2	51
Snell, Frank III	5	129
Snell, Frank IV	1	25
Stubbs, Gerald	1	30
Stubbs, Kathy	1	30
Teel, Janet	3	79
Teel, Mike	1	30
Thomas, Ann	3	56
Tiller, James	15	460
Torre, Joe	2	53
Torre, Karen	2	60
Truesdell, Scott	1	18
Utrecht, Karl	6	159
Van Sweden, Paul	1	28
Vanderwielen, A.	1	26
Walen, Jim	3	74
Wasche, Kristin	3	71
Waters, Larry	2	24
Winterburn, John	9	228
Wyrick, Jennifer	1	41
Wyrick, Jim	9	258
Young, Melanie	6	178
Zajac, Frank	4	99
<b>Club Total</b>		<b>11678</b>





---

## Maintenance Tip: Chain Waxing

You know how some riders always have that disgusting chain grease on their right calf? Yuk! What a way to destroy the allure of well-developed musculature. Moreover, that glop that develops on your chain is not only unsightly. The grit that makes up that oozing mess is what wears out your drive train components. To avoid the mess, you might want to try waxing your chain with paraffin. The initial time investment is higher than spray lube, but it pays off in the long run with a clean and worry-free chain. A waxed drive train looks as clean as the day you bought it. I converted to wax about five years ago and have been using it ever since.

### 1. Start with a clean drive train.

I mean *really* immaculate. The best bet is to start with a new chain.

Also scrub the derailleur pulleys, the chainrings, and the freewheel cogs.

### 2. Melt about 1/2 package canning paraffin in a double boiler.

Be SURE to use a double boiler. Do NOT heat paraffin directly on the stove; it has a fairly low flash point so direct heating could cause a fire.

### 3. Coil the chain and place it in the melted paraffin.

Make sure the whole chain is covered. Stir it around a little to make sure all the air bubbles are out.

Let the chain soak for at least 15-20 minutes. During this time, you'll have to keep the water near boil or the wax will begin to congeal. While the chain soaks, the molten paraffin will be working its way inside the

chain links.

### 4. Remove the chain, hang it up, and wipe off any excess wax.

Be careful, that chain will be HOT! Tongs of some kind will help.

### 5. Reinstall chain.

You'll notice that at first the chain will be stiff. Don't worry; after a very few miles the excess wax will flake off and you'll be left with a clean and well-lubed chain.

### 6. Repeat every 1000 miles.

If you get caught in the rain, examine the chain afterwards. Wax, like all other lubricants, is susceptible to very wet weather and the grit it throws on your drivetrain.

## Classifieds

### For Sale:

**Bicycle.** 58 cm (23") Nishiki 10-speed touring bike. Well-maintained. Handlebar-end shifters, bottle and cage, frame-mount tire pump included. \$200.00 Call 327-6421 for more info.

### Wanted:

**Riding Companion** for morning rides (7:30-10:00 a.m.) on weekdays. Category A preferred. Please call Joanne at 327-6421.

### Help Wanted (employment):

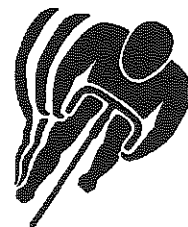
Breakaway Bicycles is looking for people who are interested in bicycling, with mechanical inclination, and that like to work with people. Experience helpful but not necessary. Contact Paul or Mike at 349-5555.

### Personals:

**Get Well Soon!** KBC member John Winterburn was injured in a bicycle accident during the ride following the July Club meeting. He's on the mend

and riding the wind trainer, but we won't see him on the road for a while. Here's our wishes for a speedy recovery, John. We'll save you a seat at Scooters.

**Muffy:** Happy 31. You're still a young chick! Love, Skippy.



# Invitational Rides

This list includes many of the larger invitational rides that are being held throughout the state in the coming weeks and months. For more information about any ride, call or write the person listed as a "contact." If you're wondering about a ride, such as "how's the food," "where's a good place to stay overnight," or "how hilly is the ride," KBC members will be able to provide "reviews" of most of the rides from years past, as most of these rides have been held before. These members can be found at the Club meetings, held the first Monday of the month. This is just one more reason to attend the Club meetings regularly!

## Key to services:

Ma = Map  
SS = Sag Service  
LP = L.A.W. Patch  
FS = Food Stops  
Lu = Lunch  
Ca = Camping  
MR = Marked Route  
Pa = Patch  
TS = Tee Shirt  
Br = Breakfast  
Dr = Dinner  
Sh = Showers

## August

Sat, 8/4. Detroit Receiving Hospital Biking for Burns. Belle Isle-Detroit, MI. Belle Isle to Detroit and then back to Belle Isle for picnic. Includes Ma, MR, SS. Contact Dennis Aachambeau, 23262, John R., Hazel Park, MI 48030. Call 616/452-BIKE or 313/547-0050.

Sun, 8/12. River Raisin Tour. Monroe County Community College. Monroe, MI. 30, 60, and 100-mile routes through rural Monroe County. VERY FLAT, a good personal best opportunity. Limited to 1200 preregistered riders only - deadline July 31. Hot lunch to all preregistered riders, rebate for helmet wearers. T-shirts available at extra cost. Contact Dave Smith, PO Box 172, Monroe, MI 48161, 616/452-BIKE or 313/242-7300. [A group of KBC riders are attending the River Raisin Tour this year to do a personal-best century. If you want to be part of this paceline and can sustain a 20 mph or better average for 100 miles, call the ride line (327-7767) and leave your

name.]

Sat, 8/14. Pedal for Life Classic Bike Tour. Raynor Park, Mason MI. Annual fund-raiser for the Leukemia Society of America. 10, 25, and 62-mile loops. Prizes for top pledge-getters. T-shirt to pre-registrants (by July 15). Free lunch for all riders. Starts at 8:00. Entry fee \$10.00 (\$12.00 late). Includes Ma, MR, SS, TS, FS, Lu. Contact Glenda Fernandez, Leukemia Society of Michigan, 900 Long Blvd. #289, Lansing, MI 48911. Call 616/452-BIKE or 800/456-5413.

Sun, 8/15. Assenmacher 100. Assenmacher's Bike Shop, Swartz Creek, MI. 50 and 100 mile, and 50, 100, 200 Kilometer routes. Includes Ma, MR, SS, Pa, FS, Ca, Sh. Contact Ken Wilcox, 1369 Martha St., Burton, MI 48509. Call 616/452-BIKE or 313/742-6334. [The Assenmacher 100 is fairly flat and has good food. Last year the roads were pretty bumpy. The T-shirts are actually cotton bike jerseys with zipper and rear pockets-a real deal.]

Sun, 8/19. Hastings Summerfest Tour. Hastings High School, Hastings, MI. 25, 62, 100-mile routes. Flat, rolling, and hilly terrain. Lunch at Gun Lake. Starts at 6:30 a.m. Entry fee \$8.00 single or \$20.00 for a family of three or more (\$12.00 and \$23.00 day of event). Includes Ma, MR, SS, Pa, FS, LU. Contact Jim McManus, PO Box 106, Cloverdale, MI 49035. Call 616/452-BIKE or 623-8329. [Can you say HILLS? Sure you can... This ride has lots of them. The rest stops are well-spaced and have a nice variety of food, including cold

watermelon.]

## September

Sun, 9/2. Muskegon Shoreline Spectacular Festival Ride. JC Penny Parking Lot at Henry & Norton - Muskegon, MI. This is a family-focused 14-mile bike ride to and from Pere Marquette Park, which is along beautiful Lake Michigan, held in conjunction with the city's Shoreline Spectacular Festival activities. Start time 1:00 p.m. Entry Fee: None! Contact Kay Anderson, 922 Mills Ave., North Muskegon, MI 49445. Call 616/542-BIKE or 744-9782.

Sat, 9/8. ODRAM: One Day Ride Across Michigan. Muskegon State Park, Muskegon, MI. This 158-mile ride is a LAW Century Challenge event. Ride the total distance or as far as you can and then let your support vehicle transport you the rest of the way. End point is Bay City State Park. Personal sag and transport back to Muskegon is required. Start time 6:30 a.m. Includes Ma, MR, Pa, FS. Contact Denny Schmuker, 1469 S. Sheridan, Muskegon, MI 49442. Call 616/542-BIKE or 773-0248. [A group of KBC riders is going to ODRAM this year. To be part of the KBC paceline for 160 miles, call and leave your name on the ride line (327-7767).]

Sun, 9/9. A Peach Of A Ride. Armada High School, Armada, MI. Rides of 50 and 100 miles, and 100 kilometers. Commemorative pin to all entrants. Snack and cider at finish. Start time 7:00 a.m. Entry fee \$9 (\$11 after August 1). Includes Ma,

MR, SS, FS. Contact Glenn Drel-lisham or Lois Lloyd, PO Box 3015, Centerline, MI 48015, 616/452-BIKE or 313/994-2786.

**Sat, 9/15. Mapleleaf Century.** Dwight Lydell Park, Comstock, MI. The ride consists of loops that combine for rides of 30, 60, 70, or 100 miles. Rolling terrain, beautiful countryside, and great food. Cook your own steak. Registration opens 8:00 to 10:00. Entry fee \$10 (\$15 after September 1). Includes Ma, SS, Pa, FS, Lu, Di. Contact Rex Termeer, 448 Eleonor NE, Grand Rapids, MI 49505. Call 616/452-BIKE or 361-5007.

**Sun, 9/16. Cereal City Century.** Battle Creek, MI. Harper Creek High School, Battle Creek, MI. Routes of 25, 40, 62, and 100 miles. Flat to rolling terrain. Homemade cookies at all rest stops. Free camping area, non-sagged 25 miles tour on Saturday. LAW Patches, T-shirts and breakfast at extra cost. Entry fee \$8 (\$10 after August 15). Includes Ma, MR, SS, Pa, FS, Lu, Ca, Sh. Contact Bob Nelson, 7300 Five Mile Road, East Leroy, MI 49051. Call 616/452-BIKE or 976-2420. *[We've done this tour for the last nine years and it's always been well run and very enjoyable. The terrain is flat to rolling, and the rest stops are well-spaced and in nice locations, including Scotts Mill Park. The home-made cookies, a specialty of this ride, are plentiful, as is the ubiquitous orange drink. (What is that stuff?) We encourage you to give CCC a try if you haven't tried it yet. One caveat, though: don't count on breakfast. In the past, they've simply run out, leaving some cyclists with empty stomachs on which to start a 100-mile ride.]*

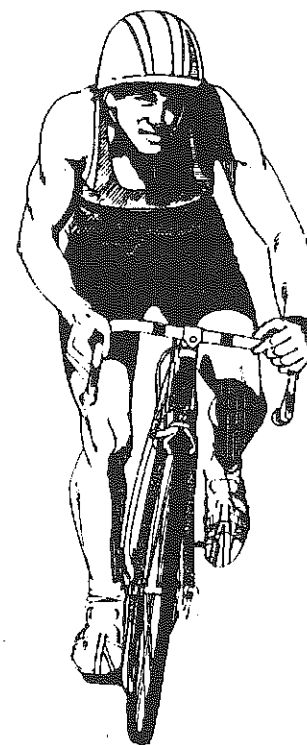
**Sun, 9/19. Leelenau Harvest Tour.** North of Cedar, MI. The 7th annual Leelenau Harvest Tour will start at Sugar Loaf Resort and will feature a great meal by the chefs of that resort. New routes from 12 miles to a

full century will explore beautiful, hilly, Leelenau County. Free T-shirt if registered by August 24, 1990. Start time 7:30 to 10:30. NO day of ride registration. Entry fee \$15 (\$20 after August 31). Includes Ma, MR, SS, FS, Di. Contact Cherry Capital Cycling Club (LHT), PO Box 1807, Traverse City, MI 49685-1807. Call 616/452-BIKE or 941-2453.

**Sun, 9/23. Fall Fisk Knob Time Trial.** Fisk Knob County Park, West of Sand Lake, MI. End of summer Time Trial for USCF and unlicensed riders. Your chance to set a person best for the season. 21.6 kilometers. Classes for Juniors, Seniors, and Masters - men and women. Social and award ceremony afterwards at Madame Babe's Restaurant in Sand Lake. Register from 11:30 to 12:30. First rider off at 1:00. Entry fee \$5 (\$8 day of event). Contact Diane Obermeyer, 2212 College Ave. SE, Grand Rapids, MI 49507-3106. Call 616/452-BIKE. *[I rode this TT in the spring and it was BIG FUN. The course is super hilly, starting (and ending) at the highest elevation in Kent County. The party and awards ceremony after the event is a great ending to a fun day. The Obermeyers are justifiably famous for putting on well-run and fun cycling events. This TT is highly-recommended.]*

**Sun, 9/30. 17th Annual Apple Cider Century.** River Valley High School - Three Oaks, MI. Routes of 25, 50, 75, and 100 miles. Saturday evening program with guest speakers, free ice cream and caramel apples. Bike shop displays. Registration limited to first 6500 riders. Entry fee \$20.00. Registration closes July 31, 1990. Starting time: daybreak. Includes Ma, MR, SS, Pa, FS, Di, Ca, Sh. Contact Brian Volstorff, 110 N. Elm, Three Oaks, MI 49128. Call 616/452-BIKE or 751-3361. *[We last rode this one in '85 when there were lots fewer people and it only cost about \$10.00. The route and organization are exemplary. The bike traffic, especially on the 25-mile route, which is shared by*

*all the routes, is extreme, with slower cyclists taking the entire lane and stopping on the yellow line to repair their bikes and/or drink water. With this exception, the ride is just about ideal. It always sells out early, so get your application in soon! See you there for ACC '90.]*



## DNR At Work

The very same Department of Natural Resources that recently decided that *your* mountain bike tire would cause so much damage on state land that they banned bikes from the majority of state parks has recently seen fit to lease some of their land to big oil interests. In mid July, the DNR auctioned oil and gas leases for 86,303 acres in 19 counties. Given the DNR's stand on bikes and their impact, those must be some pretty low-impact oil rigs they're planning to bring in to state lands. Your tax dollars at work...



Kalamazoo Bicycle Club  
P.O. Box 527  
Kalamazoo, MI 49005

BULK RATE  
U.S. POSTAGE  
PAID  
PERMIT NO. 1480  
BATTLE CREEK, MI

*Address Correction Requested*

### Ride Classifications

A+ ..... 17+ mph  
A ..... 15-17 mph  
B ..... 13-14 mph  
C ..... 11-12 mph  
D ..... under 10 mph, frequent stops  
E ..... over 50 miles, at your own pace

F ..... Family ride  
MTB ..... Off-road

*Note: All mph given indicate pace while on the bike that the ride leader would like to maintain. Please feel free to come to any ride and ride at your won pace. Rest stops, their number and duration are a separate issue.*

### Club Phone Numbers

President Steve Clarke 327-9956  
Vice President Mike Gacki 349-6527  
Secretary/Treasurer Karen Torre 381-4329  
Ride Captains:  
A Roberta Hillman 381-4450  
B Open  
C Brad Cosgrove

MTB Valerie Marsh 343-9637  
Race Captain Mike Teel  
Race Captain Joe Torre 381-4329  
Membership List Phil Caruso 381-0135  
Mileage Statistician Jim Tiller 375-8112  
Newsletter Editor Marc Luoma 778-3565  
Ride Line 327-7767

### Kalamazoo Bicycle Club - Membership Form

Your name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Birthdate \_\_\_\_\_

For family membership, please list other  
family members:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Other memberships you hold: LAW USCF

Other \_\_\_\_\_

Parent's Signature (if under 18) \_\_\_\_\_

I can help with: Ride leading \_\_\_\_\_ Newsletter \_\_\_\_\_

Meeting programs \_\_\_\_\_ Other \_\_\_\_\_

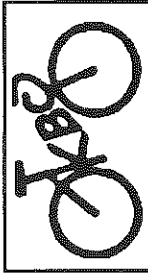
Dues: Adult - \$15 Family - \$17 Youth (<18) - \$13 Senior (>60) - \$13

New Membership \_\_\_\_\_ Renewal \_\_\_\_\_ (mark one)

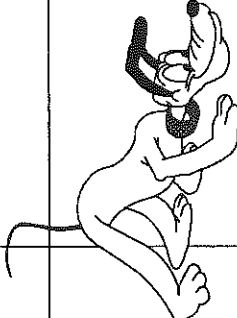
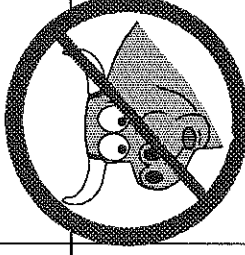
Mail to:  
KBC  
Box 527  
Kalamazoo, MI 49005

#### MEMBERSHIP INCLUDES:

- Mailed newsletter and ride schedule
- KBC Kalamazoo County map
- Access to collection of touring maps
- Access to Club library
- Availability of membership services



# KBC Events - August 1990

S	M	T	W	T	F	S
						
			<b>1</b> • B, 6:30, Kalamazoo Academy • A/A+, 6:30, Kal. Central High School	<b>2</b> • A+/A/B/C, 6:30, Scotts Elementary School.	<b>3</b>	<b>4</b> • Battle Creek Time Trial
<b>5</b> • B/C, 1:00, Kzoo Central High School • Battle Creek Road Race	<b>6</b> • KBC Meeting and rides, 6:30, Scooter's in Scotts	<b>7</b> • Race Team sprint work, KVCC, 6:00.	<b>8</b> • B, 6:30, Kalamazoo Academy • A/A+, 6:30, Kal. Central High School	<b>9</b> • A+/A/B/C, 6:30, Scotts Elementary School.	<b>10</b> • A+, 6:30, 25 miles, Billy's in Galesburg	<b>11</b>
<b>12</b> • KBC Picnic • C, 35 miles, 11:00, Barton Lake Public Access	<b>13</b> • A+/A/B, 6:30, 20-30 miles, Texas Drive Park	<b>14</b> • Race Team sprint work, KVCC, 6:00.	<b>15</b> • B, 6:30, Kalamazoo Academy • A/A+, 6:30, Kal. Central High School	<b>16</b> • A+/A/B/C, 6:30, Scotts Elementary School.	<b>17</b> • A+, 6:30, 25 miles, Billy's in Galesburg	<b>18</b>
<b>19</b> • B/C, 1:00, Kzoo Central High School • Assenmacher 100, Swartz Creek, MI	<b>20</b> • A+/A/B, 6:30, 20-30 miles, Texas Drive Park	<b>21</b> • Race Team sprint work, KVCC, 6:00.	<b>22</b> • B, 6:30, Kalamazoo Academy • A/A+, 6:30, Kal. Central High School	<b>23</b> • A+/A/B/C, 6:30, Scotts Elementary School.	<b>24</b>	<b>25</b> • C, 10:00, 20-30 miles, Augusta. • Hastings Summerfest Tour, Hastings, MI
<b>26</b> • B/C, 1:00, Kzoo Central High School	<b>27</b> • A+/A/B, 6:30, 20-30 miles, Texas Drive Park	<b>28</b> • Race Team sprint work, KVCC, 6:00.	<b>29</b> • B, 6:30, Kalamazoo Academy • A/A+, 6:30, Kal. Central High School	<b>30</b> • A+/A/B/C, 6:30, Scotts Elementary School.	<b>31</b>	



# Kalamazoo Bicycle Club

## Events - August 1990



### Recurring Rides

#### **Mondays**

**A+/A/B, 6:30.** NOTE NEW START LOCATION: 20-30 miles from Texas Drive Park, 1/2 mile west of 10th Street on Milham Road (Texas Drive). NOTE: This ride will *not* be held on 8/6, the night of the KBC monthly meeting.

#### **Leaders:**

8/13&27: Dan Dupree

8/20: Open, call Roberta Hillman to volunteer.

#### **Tuesdays**

**Race Team Training Ride, 6:00.** Training ride to work on sprints. Leaves from the KVCC parking lot closest to the tennis courts.

#### **Wednesdays**

**A+/A, 6:30.** *Mondo Don-do* is back! After a month's hiatus, Don Povendo will once again lead the Screamin' Weenies on a 20-30 mile ride from Kalamazoo Central High School on Drake Road, north of West Main.

**B, 6:30.** Ride from Kalamazoo Academy. For more information on route, mileage, etc, call ride leader Janice Plyley at 344-4865.

#### **Thursdays**

**A+, A, B, C. 6:30** *The Ice Cream Cruise* has a new start point! 15-30 miles from Scotts Elementary School on QR Avenue just east of 36th Street in Downtown Scotts. Leave from the school for your choice of rides,

then meet back at Scooters' Malt Shop after the ride for conversation and sweet, creamy comestibles.

#### **C Ride Leaders:**

8/2: Mike Murrel

8/9: Pat Fuentes

8/16: John Mathieson

8/23&30: Brad Cosgrove

#### **A Ride Leader:**

Charlie Fuentes

#### **Sundays**

**B/C. 1:00 p.m.** *The Sunday ride start point has moved.* Sunday riders now meet at Kalamazoo Central High School on Drake Road, about a mile north of West Main. Led by Vince Odenwaller.

### Non-Recurring Rides

**Mon, 8/6. All. 6:30.** KBC meeting at Scooter's Malt Shop in Scotts. A short business meeting will be followed by rides of all classifications. Return to Scooter's for ice cream and conversation after your ride. For more information and directions to Scooter's, call Steve Clarke (327-9956) or Marc Luoma (778-3565).

**Fri, 8/10. A+. 6:30.** *The Foss Soapman Memorial Tour De Gull Lake.* 25 miles from Billy's Bike Shop, just east of the five-way intersection in Galesburg. We'll ride north around picturesque Gull Lake, then back to Galesburg. BIG FUN on a Friday, and remember that Friday is double coupon day at KBC! Led by Marc Luoma (778-3565).

**Sun, 8/12, all: KBC Picnic**

Come to the second-annual KBC

summer picnic and feeding frenzy. The picnic will be held on Sunday, August 12 at 2:00 p.m. at Carl Utrecht's house at 12017 Highview in Vicksburg. Take Sprinkle Road south to "TU" Avenue and turn east. Proceed on to 26th St. and turn south. Proceed on 26th St. to "UV" Ave. and turn east again, crossing the tracks. Continue on "UV" to Hayward and turn north and branch off the left at Highview.

**The Club will provide:** Hot Dogs, Hamburgers, Buns, Condiments, Plates, Cutlery, Napkins

#### You please provide:

A dish to pass, beverages, and cups.

Maps will be available at the August KBC Meeting.

**Sun, 8/12. C/F. 11:00.** Ride to Langly Covered Bridge in Centerville. 35 mostly flat miles from the Barton Lake public access site (Portage Rd north of XY Ave.). Bring a lunch and \$ for the ice cream stop in Mendon. Swimming along the way! Led by Holly Erlandson (385-2417).

**Fri, 8/17. A+. 6:30.** *Tour De Gull Lake VI.* 25 miles from Billy's Bike Shop, just east of the five-way intersection in Galesburg. We'll ride north around picturesque Gull Lake, then back to Galesburg. Multiple ice cream opportunities. Led by Marc Luoma (778-3565).

**Sat, 8/25. C. 10:00.** 20-30 mile ride on the Linear Park to Battle Creek and back, leaving from Augusta at 10:00 a.m. Led by John Mathieson. No specific start site in Augusta was given, so please call the ride line for more information about this and other C rides in August.