

# PEDAL PRESS

The Newsletter of the Kalamazoo Bicycle Club

JULY, 1993

## Prez Sez

A new Constitution has been proposed, revised, edited and approved by the Board. It is now before you, the membership, for adoption at the July club meeting. Please take the time to read and understand this proposed document as it is a complete revision of our current constitution and would present some significant changes in how our club operates.

The most significant changes are: provision for three additional board members, a shift of some decision making from the President to the Executive Board, and the Vice-President would automatically assume the office of President the following year.

The current Board feels that the proposed Constitution is an improvement and addresses the main concerns we have with our current one. We encourage you to compare it, discuss it's merits with fellow members and plan to attend the July meeting to adopt it. If adopted, improved organization can be expected to result with the three added Board members.

If adopted the three additional Board positions would be filled at the July meeting by nominating and electing these people to serve the remainder of this term.

For those who wish to vote on the Constitution but can't attend the meeting, please send a handwritten ballot to the Club P.O. Box (new # 50527) making sure you allow enough time for the ballots to be picked up the morning of the meeting.

If you have any questions, please feel free to contact any of the Board members before the meeting. Please plan to attend, we look forward to seeing you there.

Until then ... Happy Cycling! ! ! .....Dave



## Kazoo Club Kudos

Our own Roberta Hillman won her division (30-34) of the 11th Annual National 24-hour Challenge. Not only did she win her division but finished first overall for the women with a total of 319 miles.

Renee Kivikko also was a winner in her division (25-29) with a total of 253 miles.

Gives us all something to shoot for next year doesn't it? Wouldn't it be fun if we could get 20-30 of us together for this event?



## Help Needed At Al Sabo Land Preserve

Al Sabo Land Preserve is a City of Kalamazoo water well field that many years ago was designated by the city as a land preserve. Trails were laid out many years ago, in some cases not appropriately, resulting in erosion. As the years went by the preserve was used increasingly heavily by hikers, skiers, and, of course bikes, as well as the occasional unwelcome motorcycle. Erosion has been the result, entirely being blamed on the mountain bikes. While some specific erosion areas have been the result of stupid/irresponsible riding or hiking, most of the eroded areas are the result of poor trail design.

The City of Kalamazoo wants to reopen Al Sabo to public use, but is concerned that not enough people have been helping to maintain the trails. At the last work session, two people showed up. The recommendation has been put into the Al Sabo committee to keep the preserve closed unless more volunteers come forth to help. The choice is up to you folks — come out and help us maintain this most beautiful of Kalamazoo's outdoor areas, or see it closed. Hey, ya gotta pay to play!

The project coordinator is Nancy Bos of the City Water Department. There are work sessions scheduled every Saturday in July with the exception of the 3rd. They run from 9:00 a.m. until 2:00 p.m. Bring your lunch and the drinks will be provided (non-alcoholic). Call Nancy at 337-8720 to find out what tools you might need to bring depending on what project they are working on.

*EDITOR'S NOTE: This is one of those projects that we should all get involved in, whether we ride a mountain bike or not. If we can't cooperate and pull together, we will accomplish absolutely nothing. Please give Nancy a call or contact Paul Wells at 349-5555.*



## Combined Clubs Bike Ride on Kal- Haven Trail

On Friday night, this trip began with an advance group of five, including yours truly, camping at Van Buren State Park. The purpose was to establish a base camp and nail down sites for Saturday night.

A thunderstorm during the night discouraged some of the group. However, when the main group met on Saturday at nine

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## From The Editor's Desk

As most of you know by now, a new Constitution has been proposed and will be voted on at our July meeting. A number of people have put a tremendous amount of work and effort into this project, spear-headed by Dave De Right. The entire purpose of the new Constitution is to make our club a more viable organization and more responsive to the needs of the members.

We need to eliminate the factions within the club and quit squabbling over who got dropped and who didn't, who's a racer and who's a tourer. The purpose of our organization is to embrace all facets of cycling: fast, medium, slow, on road, off road, etc. If we cannot pull together to accomplish common goals, then the KBC will become a non-entity. I strongly urge you to adopt this new Constitution for the betterment of the club now and for many years to come.

To borrow a line from Lee Iacocca: "You need to lead, follow, or get out of the way."



Your comments, stories, and contributions are always welcome. Please address them care of the Editor

## Yankee Springs

On a slightly damp, but otherwise pleasant May 2nd, 181 mountain bikers gathered to compete on the best mountain bike trail in the whole of southwest Michigan, the famous (infamous?) Yankee Springs Trail. This fantastically fun trail was built over the last couple years by devoted members of the Michigan Mountain Bike

Association (MMBA). The management of Yankee Springs, most notably Park Manager Kyle Converse, have been very helpful and supportive in allowing this trail to become a reality. We at Breakaway Bicycles felt we could put on a fun race, and raise funds to help maintain the trails, put up markers, and fund related necessities for the trail. This we have done in a big way. With the help from KBC, the MMBA, and various other friends, \$1,211.47 has been given to the MMBA, earmarked exclusively for use on the mountain bike trail.

Thanks to all the volunteers and the participants for a successful event, and we'll see you next year!

Paul Wells



## Tape Twists

Does it always seem that padded handlebar tape starts working its way down towards the brake lever after only a month? Well, there is a trick to make the wrap last a lot longer. First make sure the handlebars are free of any residue from the previous tape job, and free of oil. Then wrap a layer of friction tape (available in the electrical department of any hardware store) on the bars. Start at the end and wrap each layer as close as possible without overlapping. When you reach the bend, overlap on the inside of the bend only, leaving a small gap on the outside. When you reach the brake lever, cut the tape and start again on the other side of the lever. Continue wrapping until you have reached the end of the area you want to tape. Make sure that the tape is smoothly wrapped with no wrinkles. Then wrap the handlebar tape in the normal fashion. This method will usually last three to five times as long as a standard tape job.

by Ed Gostin Clinton River Riders  
Mt. Clemens, Mich.



## Make-A-Wish Seeks Cyclists For Charity

The Make-A-Wish Foundation of Michigan is seeking 200 cycling enthusiasts to participate in the sixth annual Wish-A-Mile (WAM) 300 Bicycle Tour August 13-15.

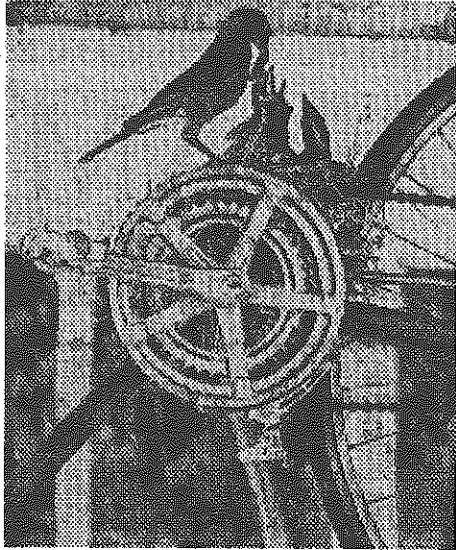
WAM 300 is a 300-mile fund-raiser for the foundation, a charity that fulfills the wishes of children ages 3 to 17 who suffer from life-threatening illnesses. The three-day tour of Michigan's Lower Peninsula starts at St. Ignace, north of the Mackinac Bridge, and winds its way through Mackinaw City, Gaylord, Roscommon, Midland and Whitmore Lake and ends in Plymouth, Northwest of Detroit.

Organizers hope to raise \$177,000 in pledges. MIDA Dental Plans Inc. of Southfield is the official sponsor.

The registration fee is \$30. WAM 300 will provide transportation to St. Ignace, meals and overnight accommodations each night at community facilities.

Riders are required to raise a minimum of \$500 in pledges. For more information call Make-A-Wish Foundation at (517)882-6500 or (800) 622-WISH.





**Why you haven't seen Dave DeRight out on the roads recently.**

*Continued from page 1*

a.m. at the 10th Street staging area, most of them wanted to go ahead as planned, regardless of the rainy weather forecast. Around noon, the showers gave way to the sun and all enjoyed a sunny afternoon ride. Nineteen people rode the trail that day, most of them went the distance.

A hearty meal of vegetarian sloppy joes and salads was provided by Donna Stahlbaum. One group of three riders started at 2:30 p.m. from the trail head and after a Pizza Hut dinner, arrived late just as the rain started again. A fast pitch of their tent kept all campers dry in spite of another storm.

A sunny day greeted the riders on Sunday morning, but only six did the return trip. The rest enjoyed hearty open-air breakfasts and took four-wheelers back to Kalamazoo.

Jackie Ruttinger



## Flowerfest Update

As of this writing the big event is well on its way to becoming one of the premier tours in southwest Michigan. Under the guidance of Tour Director, Jim Dagwell, and with help from many of our dedicated bike club members, everything seems to be well under control. Jim Wyrick did a fantastic job on the course layout.

This should be another of the events in which everyone in the club should be involved. Extra volunteers are always needed and if they can't find something for you to help with, then you should sign up and ride the tour. It's close to home, it's on a Sunday, and after all it's your organization that's sponsoring it.



## Prevo Classic

Approximately 250 bikers participated in this Second Annual Tour of Frankfort, Beulah, Crystal and Platt Lakes, mostly in the 25 mile event. On this short route there were only two hills. However, on the 100K and 100 mile we lost count of the hills. But the views were fantastic, especially on the 100 mile route which had a dead end stop at the lake along side the Sleeping Bear Dunes.

The wind was light until we hit Frankfort. The sun finally came out and it turned out to be a beautiful day. All the roads were well marked. Three Sag stops were planned for both the 100K and the 100 mile. I suggested there should have been at least four stops for the hundred mile.

Lunch was from 12 noon to 6 PM on the lake. For only the second year in these events, they had their act together.

Derry Morrison



## A Big KBC Welcome To Our New Members

Carl Degen Family  
Tom Fowle  
Ruth Wilson  
Brian Clissold

Val Landeck  
Stuart Smoot  
Gary Bottema Family  
Matt & Melissa Flowers  
Subhash Sonnad

Gary Schlender  
Robert Mayberry  
Jonathon Smith  
Rebecca Waltman

### KBC Phone Numbers

President  
Dave DeRight.....381-2678

Vice-President  
Shirley Williams.....329-4003

Secretary  
Denny Morrison.....657-2166

Treasurer  
Laura Dagwell.....372-0103

Race Team  
Mike Teel.....344-7354

Corporate Olympics Coordinator  
Charley Fuentes.....327-2809

Database  
Phil Caruso.....381-0135

Newsletter  
Eric Arnold.....381-5542

Ride Line  
Ann Johnson.....327-7767

Ride Captain  
Brad Cosgrove.....349-7367

Flowerfest Tour Director  
Jim Dagwell.....372-0103

### Classified

**For Sale**  
Cannondale Bugger  
Excellent condition - Price Negotiable  
Call Mike or Judy 685-1450

**For Sale**  
Yakima 1C SST MKII Rack  
1 C48 Part #1500 used one time \$115  
2 pair Y-11 clips \$20.  
Call Bruce 349-9940

**Wanted**  
Part Time Secretary - with basic knowl-  
edge of bicycles to do typing, filing,  
record keeping and computer entry.  
Contact Paul at Breakaway Bike  
349-5555

### Frequently Called Numbers

Alfred E. Bike	349-9423
Billy's Bike Shop	665-5202
Breakaway Bicycles	349-5555
Milwood Schwinn	349-6384
Parchment Bicycle	343-8118
Portage Schwinn	327-3393
Safety Cycle	381-7233
Scooters Malt Shoppe	626-8860
Village Cyclery	679-4242
Vornkamp Bike Shop	344-3599

### Notices

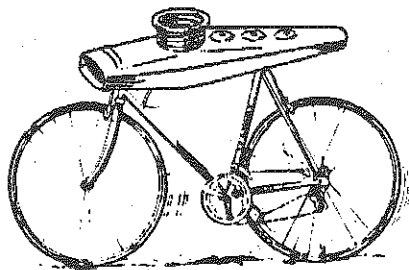
**Executive Board Meeting**  
July 19, 1993 - 7:00 p.m.  
United Way Building - S. Westnedge

**July Bike Club Meeting**  
Thursday, July 8th  
Potluck - 6:00 p.m. - Business - 7:00 p.m.  
1109 Royce

### It's The Law

Lugert, Oklahoma:

The law bans males with mus-  
taches from ever going on a bike  
ride with a female - whatever the  
circumstances!




Kazoo Bike Club  
P.O. Box 50527  
Kalamazoo, MI 49005

JAN 94  
PHIL & JINI CARUSO  
2301 FAIRFIELD AVE  
PARCHMENT MI 49004

*Address Correction Requested*

# KAZOO BIKE CLUB RIDES/EVENTS - JULY 1993

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>KAZOO BIKE CLUB</b> <b>RIDE LINE</b> <b>327-7767</b>						
4 Phil Caruso 2:00 p.m. Kalamazoo Academy 10 - 30 Miles / 10 MPH	5 John Matherson "Patriot Ride" 6:30 p.m. Texas Drive Park 22 Miles/17 MPH	6 Bill Watt - KVCC 6:30 p.m. - 15 MPH "Migala's Meander" Nancy Deboer 6:30 p.m. 30 Miles/18 MPH Meet - Gull & "G" Refresh. - Sports Page Bar	7 Kris Wasche 6:30 p.m. KVCC - Tourist Ride 20 Miles/15 MPH (max) Roberta Hillman 6:00 p.m. Kalamazoo Central High 15-50 Miles / 20+ MPH	1 Randy Putt 6:30 p.m. Downtown Vicksburg Prairie St. & Main St. 18 MPH	2 Marc Luoma 6:30 p.m. Billy's Bike Shop (Downtown Galesburg) Class: Potpourri of cyclist desired	3
11 Kathy & Jerry Stubbs 2:00 p.m. Kalamazoo Academy 15 MPH	12 John Matherson 6:30 p.m. Texas Drive Park 22 Miles/17 MPH	13 Bill Watt - KVCC 6:30 p.m. - 15 MPH "Migala's Meander" Nancy Deboer 6:30 p.m. 30 Miles/18 MPH Meet - Gull & "G" Refresh. - Sports Page Bar	14 Kris Wasche 6:30 p.m. KVCC - Tourist Ride 20 Miles/15 MPH (max) Roberta Hillman 6:00 p.m. Kalamazoo Central High 15-50 Miles / 20+ MPH	8 KBC MEETING (Short) Potluck - 6:00 p.m. Business - 7:00 p.m. 1109 Royce Avenue	9 Marc Luoma 6:30 p.m. Billy's Bike Shop (Downtown Galesburg) Class: Potpourri of cyclist desired	10
18	19 Dave Patrick 6:30 p.m. Texas Drive Park 18 MPH	20 Brad Cosgrove - KVCC 6:30 p.m. - 25 Miles/15 MPH "Migala's Meander" Nancy Deboer 6:30 p.m. 30 Miles/18 MPH Meet - Gull & "G" Refresh. - Sports Page Bar	21 Kris Wasche 6:30 p.m. KVCC - Tourist Ride 20 Miles/15 MPH (max) Roberta Hillman 6:00 p.m. Kalamazoo Central High 15-50 Miles / 20+ MPH	15 John Matherson 6:30 p.m. Kalamazoo Academy 20 Miles/17 MPH	16 Marc Luoma 6:30 p.m. Billy's Bike Shop (Downtown Galesburg) Class: Potpourri of cyclist desired	17
25  KBC Flowerfest Tour	26 John Matherson 6:30 p.m. Texas Drive Park 22 Miles/17 MPH	27 Brad Cosgrove - KVCC 6:30 p.m. - 25 Miles/15 MPH "Migala's Meander" Nancy Deboer 6:30 p.m. 30 Miles/18 MPH Meet - Gull & "G" Refresh. - Sports Page Bar	28 Kris Wasche 6:30 p.m. KVCC - Tourist Ride 20 Miles/15 MPH (max) Roberta Hillman 6:00 p.m. Kalamazoo Central High 15-50 Miles / 20+ MPH	22 Randy Putt 6:30 p.m. Downtown Vicksburg Prairie St. & Main St. 18 MPH	23 Marc Luoma 6:30 p.m. Billy's Bike Shop (Downtown Galesburg) Class: Potpourri of cyclist desired	24
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