

RACE TEAM NEWS

May, 1995

The reorganization of the team is entering into the most exciting time of all: the racing season. The KBC Race Team currently consists of about 25 members active in various aspects of cycling. The three main types of competitive cycling are all included in the team's membership. We welcome triathletes, mountain bikers, and road racers. One needs not be a licensed member of any competitive organization to be on the team.

The team's mission is simple. We want to encourage and promote competitive cycling in Southwest Michigan. We highly encourage new cyclists to join, as being part of a team with experienced cyclists gives a rider great exposure to tactics, training, technique, and various levels of competition. We also encourage the participation of veteran racers. We can all benefit from each other in many ways.

Some of the benefits of the team include an entry fee reimbursement pool, high quality team jerseys at an unbelievable price, the experience of organizing races, and organized team training rides. Not only does the team anticipate getting together for training, we will have several general team meetings throughout the summer. The meetings will be on the first Tuesday of each month from May to September, with July 4th as the only exception. The meeting schedule, as well as team personnel and upcoming events will be posted in each month's club newsletter.

Letter From The President

Several items that are on the list of things to accomplish for club operations have been put into motion: most bicycle clubs are incorporated throughout the United States and since we are not currently incorporated, Dave DeBack has agreed to take on this task.

The benefits of incorporation range from liability issues to tax status filing. The membership brochure has been completely revised and is available to circulate. Some of the members have seen the brochure and many are pleased with its new look.

We are planning on participating with Sherry Gordon, from the Commission for the Blind, with a tandem ride for the visually impaired. Last year, we had a strong turnout with approximately 8-10 tandem bicycles and 15-20 visually impaired children. This year we are working in conjunction with a Kid's Sports Camp at WMU that Sherry is coordinating on Thursday, May 4th on the campus of WMU.

The race team, as many of you know, has new jerseys (arrival should be around the early to middle part of May), sponsorship and a training program. It is important that the race team members realize that in order for this program to stay organized, meeting attendance is necessary. The purpose of the meetings is to put together a monthly training schedule and discuss the Spring Valley Road Race, since there is a significant amount of preparation to putting on a race. The training rides need to be published in the newsletter, the newsletter deadline is the 15th of the previous month, and the team members should be contributing to the efforts of these rides.

Bill Watt

Blast from the past...

GROUP RIDES

The weather has been wonderful this week and I am thinking it is time to start some club rides.

The Monday Recovery Ride at Texas Drive Park will be lead by Kathy Barrett in April. The ride will begin at 6 PM and go for 20 to 30 miles at an early season pace. Hope to see you there.

Hey you mountain bikers!!! Clayton Gallop will be leading a mountain bike ride on Tuesday evening at 6 PM at the Al Sabo trailhead on Texas Drive in April and May. Riders of all abilities are encouraged, especially beginning mountain bikers. Call Clayton at 375-0265 for further details.

The Wednesday ride meets at Kalamazoo Central HS and only the race group (20++ mph) will be riding at this location in April. Call Brian Clissold at 324-1153 for starting time and ride details.

Thursday evenings, Brad Cosgrove has volunteered to lead a ride from Kalamazoo Valley Community College beginning at 6:00 PM. The ride will be approximately 25 miles at a pace of 16 to 18 miles, depending on how he is feeling. Call Brad at 372-9346 for more information.

The Friday ride meets at Billy's Bike Shop in Galesburg at 6 PM in April for the Tour de Gull Lake and the pace will vary depending on who shows up. The route for this ride is well established and Jeff Wetters, Bill Watt, and Randy Putt will share ride leader duties in April. We do need ride leaders for this ride for May and beyond.

Looking ahead into May

A full Monday schedule will begin in May with three ride leaders which should provide a pace to suit riders of all abilities. Mike Higgins will lead a group for 15-20 miles at 10-15 mph, Steve Vonderfecht will lead his group at 16-18 mph, and Kathy Barrett will lead the 19+ mph group. These three ride leaders have agreed to lead this ride all season but will need substitutes once in awhile. We need volunteers to sub for Mike, Steve, and Kathy.

The Wednesday ride meets at Kalamazoo Central HS and will start in May. Last year this ride consisted of two groups, the race group at 20++ mph and a 16-18 mph group. The race group plans to start in April. Call Brian Crissold at 324-1153 for details. We need ride leaders for both of these rides.

Mike Higgins has expressed interest in starting a Kal-Haven Trail ride on Saturdays in May with a picnic lunch after the ride. Mike is looking for help in establishing and leading this ride.

If anyone is interested in establishing a regular ride, road or mountain, or a one day ride at another time, please contact me. The club would like to establish some regular weekend rides and would welcome any suggestions on types of rides, locations and times that would interest KBC members.

Think about being a ride leader for a week, a month, the season, or any combination of the above. Please give Randy Putt a call at 649-1814 to volunteer or to get more information on being a ride leader. Hope to see you on the road this month.

FLOWERFEST

BICYCLE TOUR UPDATE

At the April Board Meeting, we discussed some plans for the Flowerfest Bicycle Tour for 1995. The tour is scheduled to take place on Sunday, July 23, 1995. The board is currently organizing the tour's sponsorship and arrangements for a new brochure and logo. We are currently in need of a Tour Director for this year; please contact Bill Watt at 349-9562, for interest in the position.

KBC Touring Personals

Interested in doing a certain tour this season but don't have anyone to travel with? Call the ride line, leave your name and number and we'll call you back with names of anyone else calling on that tour. Meet more club members; go more places!

Things to think about before you commit: compatible bike racks, hotel or tent, will you ride in the rain?

Kenny

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A role model can be a good thing; and me, I want to be like Kenny.

Kenny's fast, Kenny's a good guy, and Kenny knows how to ride -- he fits into the group. He's a good guy to drink a beer with. But lots of riders fit this list. Maybe me or you.

I don't know Kenny so well that I can say he has no faults. In fact, he probably has some really excellent faults. But Kenny's got something, some cosmic karma gift or way of being that I covet.

To show how much ground I've got to cover just to suck Kenny's wheel, consider the facts. I purchased a really nice new bike five years ago, and I eagerly trained that winter preparing for my goal of hanging with the race team guys -- you know, Marty, Steve, Paul, Dan, and the rest -- on their training rides.

So it was with some anxiety that I pedaled off from KVCC one brisk but sunny Sunday with 15 or 20 of Kalamazoo's fastest.

Not surprisingly, I was hanging at the back when the pack swung onto XY Avenue, but hey, I was there and it was great until a mile or so later when I flatted. "Flat," I found the air to yell as I pulled over.

To be honest, three or four of those guys looked back, and I think one shouted about whether I had a tube. But that pack barely slowed before they all disappeared. Now, I thought this a bit unsporting on a training ride, but the psychology of the peloton was not my area of expertise. And I did not dwell upon the state of things until I found, after changing the tube, that the rubber sealing donut in the brand new pump of my lovely new mount did not exist.

The notion that a large percentage of the guys in that

pack had operable frame pumps between their legs which they presently were not using gave me pause to contemplate life's cruelty.

I cannot say that I enjoyed stashing my new wonderbike in the woods and hitching a ride back to the car. Further, I might add that reciting this tale to several of the guilty parties has generated little apparent remorse and nothing remotely akin to an apology.

Fast-forward to 1994. My skills have now improved to the point that I actually fit into the infamous Wednesday Night Ride and am now one of the usual suspects to be there. If you don't know, this ride is fast. Riders get spit out the back regularly and the pace lets up only occasionally. Kenny shows up often, and he is strong.

One Wednesday, maybe 25 of us were well beyond Timber Ridge when the word filtered up from the back ... someone's flatted. So what, I thought with a heart calloused by four years of festering. The ride's a loop and anyone can cut over on the way out, shorten the loop, and pick up the group on the way back.

The pack slowed a bit with news of the flat, but kept on rolling. The usual questions followed: Who was it? Did anyone else stop? But the pack kept rolling till someone said it was Kenny.

And an amazing thing happened. A few at a time, riders slowed, stopped, and turned around. I could hardly believe it, but the road was flat and straight, and I saw it all. More and more people stopped and turned back. It took maybe a mile before those at the front realized they were alone, and even they went back to critique Kenny's flat-fixing technique.

Later, no one had a good explanation why everyone stopped, and most everyone was perplexed by this unprecedented pack behavior. Someone proffered that it just must have been because it was Kenny.

I want this kind of karma. Even his pump worked fine.

Contributed by Kathy Barret

IDIDARIDE WEEKEND

ADRIAN, MICHIGAN

AUGUST 4-6 Friday- Sunday
The Ann Arbor Ski Club would like to introduce you to
the IDIDRIDE cycling weekend.
Funride 25,50,62,75,100 routes each day,
IDIDARIDE 200 - Double Century one daylight day.
Stay in Dorms or Camp on Adrian College Campus, 2

nights, 2 breakfasts, 2 lunches, 1 dinner, live entertainment, door prizes, maps, marked routes, SAG vehicles, lunch at the Michigan I'ntl Speedway (possible laps) entertainment at rest and lunch stops, patches, lightly used country roads, unique routes each day.

Families room together, use of sports facility, complete package \$85 (less if camping)
Please register by July 17 or there will be a \$5 late charge.
AASC Cyclists
2851 Quail Hollow
Ann Arbor, MI 48108
(313) 971-2748

Or Contact:

Dave Herdegen IDIDARIDE - Club Coordinator 8338 Riverside Brighton, MI 48116 H (810) 231-3021 W (313) 337-3559

Race Team News

May, 1995

If you are interested in joining this group of competitive local cyclists, call any one of the team's officers for details.

KBC RACE TEAM OFFICERS			SPRING VALLEY CIRCUIT RACE
Director	Jim Wyrick	349-1744	<u>UPDATE</u>
Captain	Brian Clissold	324-1153	The date of the race has been changed
Co-Captain	Rob Turner	349-8040	to Sat., August 12. It will be held in conjunction with The Italian Festival in
KBC RACE TEAM GENERAL MEETINGS			Grand Rapids. We will call it Race
May 2 7:00 p	The Contraction of the Contracti	on campus	Southwest Michigan and will include
June 6 6:30 p		Clissold's house	our race on Saturday and the
July 11 6:30 p		Clissold's house	Rapidwheelmen's on Sunday. We still
Aug. 1 6:30 p		Clissold's house	need a race director and many
Sept 5 6:30 r		Clissold's house	sponsors. Please call an officer if you can help.

UPCOMING LOCAL COMPETITIVE EVENTS ROAD

May 4-Aug. 25	Thursdays	Grattan Training Series (Rapid Wheelmen)	DianeObermeyer (616)241-1969
May 7	Sunday	Macomb Community College CT (Cadieux Warren, Michigan	Bicycle Club) Willy Boudry (313) 463-7222
May 7	Sunday	Missing Link RR Montague, Michigan	Tom Clock (616) 894-8052
May 13	Saturday	Michigan High School Challenge CT Grand Rapids, Michigan	Diane Obermeyer (616) 241-1969
May 14	Sunday	Ann Arbor Summer Training CT Ann Arbor, Michigan	Paul Alman (313) 761-1603
MOUNTAIN May 7	Sunday	Shuss Mountain Kup Belair, Michigan	MMBA (810) 788-8871
May 13-14	Sat-Sun	Di Di Mau Classic Mtn Bike Weekend; Nelsonville, Ohio	Lou Horvath (614) 698-2005
May 14	Sunday	Addison Oaks Spring Classic; Rochester, MI	MMBA (810)788-8871
May 21	Sunday	Yankee Springs Time Trial; Bradley, MI	Fun Promotions, Inc. (616) 453-4245
May 21	Sunday	Cross Country at Retro Ranch; Retro Michigan	Retro Promotions,Inc. (616)454 8532
May 27-28	Sat-Sun	Pando Chalenge; Rockford, MI	Fun Promotions Inc. (616) 453-4245

May 20	<u>HLON/BIATHLON</u> Saturday	Starker Man Biathlon;	
1V1Ay 20	Suturus	Gaylord, Michigan 3.1mi/18mi/3.1mi or 1mi/10mi/1mi	Carol White (517) 732-6333 or (800) 345-8621
May 20	Saturday	Kimball YMCA Camp Duathlon; Reading, Michigan 2mi/8mi/2mi	Don Shemel (517 278-4286 Ben Adler (517) 283-2168
May 21	Sunday	Niles Run& Bike Biathlon; Niles, Michigan 3.5mi/17mi	Bob Rhynard (616) 684-6759
June (High Mounta			
June 10		12Hours of Itheca Itheca ,MI	Fun Promotions Inc (616) 453-4245
June 24		Specialized Cactus Cup Galena, IL	Contact Kyle Chisolm (KBC) (616) 383-3286 for Race Forms
July (High Mounta :			. ,
July 15-16	Sat-Sun	Pando Challenge Rockford, MI	Fun Promotions Inc (616) 453-4245
July 20-23		National Championship Series Traverse City,MI	Grundy Race Forms Contact Kyle Chisolm (KBC)
July 30		Evian Ride for the Wind Chicago	Race Forms Contact Kyle Chisolm (KBC)
erree Ero	м The Editor	7	
3		,	FOR SALE
Tahoo!!! I made it. What a onth As the new Newsletter ditor for the Pedal Press I have see pleasure in presenting the alamazoo Bicycle Club with the test information and news. I		me. I will be sure that I put the missing items in next months PP in BOLD lettering. (You can send me a message over the Internet.)	88 Schwinn Road Bike -12 spee Barely used 150.00 / O.B. 381-7676
		(x90scahill@piglet.wmich.edu)). For the next Newsletter, the information must be	WANTED
is month. We we problems problems processed and the problems of the problems o	t sent news to me e encountered a	to me by the <u>15th</u> of the month. I have to enforce it. After the 15th, it will not print until the next newsletter. If you have any ideas for improvements or articles for me to publish, please do not hesitate to send them to me via Email or by fax (Call me first so I can get my system ready (616) 381-7676. I will give you the fax number when you call. Thank You.	BIKE TRAILER FOR CHILD WOULD PERFER A BURLEY D'LITE

KBC Phone Numbers

President	
Bill Watt	. 385-4585
Vice President	
Mary Rass	
Secretary	
Michele Cudahy .	731-2739
Treasurer	
Dan Smith	388-5247
Race Team	
Brian Clissold	324-1153
Jim Wyrick	349-1744
Ride Captain	
Randy Putt	649-1814
Database	
Phil Caruso	381-0135
Ride Line	
Ann Johnson	327-7767
Newsletter	
Terry Scahill	. 381-7676
X90scahill@piglet.	

New Members

New KBC members since the April newsletter went to press:

Joe Caton
David & Sue Goldenberg
Elizabeth, Vincent & Mara Faust
Wendy Popkes
Daniel Stewart

Birthdays in May: Bruce Evans Clayton Gallap Larry Higgins

J.L. Jerue Douglas Kirk Renny Oas Randy Putt Daniel Stewart Lee Witt

Frequently-Called Numbers

Alfred E. Bike	. 349-9423
Billy's Bike Shop	. 665-5202
Breakaway Bicycles	. 349-5555
Millwood Schwinn	. 349-6384
Parchment Bicycle	. 343-8118
Portage Schwinn	. 327-3393
Safety Cycle	. 381-7233
Scooter's Malt Shop	. 626-8860
Team III Schwinn	. 962-7688
Village Cyclery	. 679-4242
Vorncamp Bike	. 344-3599
Weather Line 382-8	585 (3333)

KALAMAZOO (KBC) BICYCLE CLUB P.O. Box 50527 Kalamazoo, MI 49005

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