



Pedal Press

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The Newsletter of the Kalamazoo Bicycle Club, Inc., August, 2000

Editor's Letter

It's prime time, no doubt about it. The turnouts at the weekly KBC rides are enormous. Flowerfest just broke all previous attendance records. Several KBC members just returned from bicycling the entire 3300 miles (give or take a few—no two bike computers ever agree) across the United States (See p.3).

The big, annual PALM and Shoreline tours just finished up, and Larry Kissinger's annual ride to South Haven may have been cool and damp, but was a hoot nonetheless. Rollin Richman's annual ride around Kalamazoo County is coming right up August 12 (See p. 4), Kathy Barrett's women ride is growing, and Dalmac is at the end of this month.

Although I admit it's a bit removed from Kalamazoo, as this is written, Lance Armstrong and his merry band of Posties are doing an unbelievable job, turning in another certified, first-class effort registering another convincing victory in the Tour de France. I admit I read the minute-by-minute commentary from Velonews (www.velonews.com) without fail, then watch ESPN's coverage, and wish for more.

Frankly, I'd love to report here about the efforts of our local racers—road and mountain—but no one ever gives me any information whatsoever. I theorize that the racers are so fagged out from their exertions that they cannot motivate their fingers to push a pencil or punch my number into their telephone devices.

But I digress. Racer, tourist, old fart or child, if you aren't getting out and having a great time on your bike lately, you have my deepest sympathy. The weather's been great, the days are long, and there's an organized ride nearly every day—just check the ride calendar within.

I do have a favor to ask of my fellow members. When you are riding with others, especially on KBC rides, please encourage others who are there to join KBC. There is no doubt that we have dozens of people enjoying our rides who are not members, and we really need to encourage people who ride with us regularly to join the club. This club needs to reach out and draw in as many members with as many different perspectives on the sport as we can.

Now, go have a great ride!

- Doug Kirk

Coming Events

Ride Around Kalamazoo County Saturday, August 12, 8:00 am at KVCC. See p. 4 for details.

30th Annual DALMAC Wednesday August 30 thru Sunday, September 3. Michigan's premier multi-day tour. 4 and 5-day routes from Lansing to St Ignace. 5 different routes, 2000 riders. Call 517-882-3700, or the PedalPress Editor for details.

Critical Mass Rides In Kalamazoo
See p. 3.

KBC General Membership Meeting And Presidential Election August 15.
See p. 7.

Flowerfest Tour A Huge Success.
See p. 2.

KVCC X-C Riders Return. See p. 4.

Flat Tire Etiquette: Axel Speaks.
See P. 8

Ride Calendar
See pp. 5 - 6.

9th Annual Flowerfest Bicycle Tour Smashes Attendance Record

The unofficial count for this year's Flowerfest Bicycle Tour totalled 503, over 20% more than last year's record of 425. The event was a big success in every way, and the weather simply could not have been any better.

Of course, numerous KBC members worked their butts off again this year, and I personally thank every one of you for doing so. I'd name names, but I'd probably forget someone. You know who you are, and you have lots to be proud of.

The Saturn Race Team sent Robbie Ventura this year, a Kenosha, WI native who now lives in Gurnee, IL. Robbie, 29, gets to ride his bike for a living, and has done so since 1994. Quite a few of us had a chance to talk to Robbie before, during, and after the ride (he did the 62 mile route), and like all the riders Saturn has sent in years past, he was a great guy and a real pleasure to get to know. He also seemed to be REALLY strong, but I can't say this with first hand knowledge because he (and several local hammerheads I can sometimes hang with) dropped me like a hot potato about 15 miles from the end.

In my best editorial fashion, I interviewed both Robbie and a few buds after I recovered at the end. While Robbie assured me that the hammerheads had worked him over, he was smiling and composed and signing autographs, while the hammerheads had all prostrated themselves on the tables of the massage therapists so kindly provided by the **Kalamazoo Center for the Healing Arts**, where they groaned and whimpered quietly.

Robbie didn't say what Saturn pays him, but it might not be enough. Seems he'd raced a criterium in Milwaukee the night before starting at 8:00 pm, took 5th, hopped in the car with his wife, Laurie, then driven over here, arriving at 3:00 am.

Truth be told, I'd have more to say about Robbie and his wife, but I was having trouble taking good notes since I was also fighting the dreaded bonk with a **Subway** sub in one hand, and **MacKenzie's** cookies in the other.

We hope to have a full report next month, but in the meantime, please thank our many sponsors, including **Alfred E. Bike**, **Breakaway Bicycles**, **Portage and Milwood Schwinn**, **Village Cyclery**, **Gordon Water**, **IBA Health Plan**, **Q106.5 FM**, **Gazelle Sports**, **Flowserve**, **Clif Bar**, **Coca-Cola**, **U.S. Airways**, and **CABDA**.

God...Or Fool—You Decide!!

Man does not live by bike alone! Just kidding. Actually I have joined Gazelle Sports Marathon Training Program. I will be documenting my progress from mediocre runner to marathon god on the web pages of Gazelle Sports, the Kalamazoo TriKats and the KBC. Please check me out at one of these sites: <http://www.trikats.com/> or <http://www.gazellesports.com/> or <http://www.angelfire.com/mi/kbc/>

Thanks. - Tom Cross

August Birthdays

Kathy Appledorn
Kara Linne Barone
Cathryn Bastien
Michael Beauchamp
Greg Bouwman
Stephen Duniak
John Johnson
Denny Morrison
John Sorenson
Tyson Vonderfecht
Kristine Wilkinson
Dan Wytko

New Members

Jinny Ahrens
Lori Allen
Stacey Flinn
Rick, Cindy, and Austin Gippert
Sherrie Glas
Robert Hyams
Tom and Shari Labrenz
Donald, Renee, Andrew, and Ashley Mitchell
Ray, Sue, Stuart, Andrea, and Brynn Murphy
David Newman
Kathleen Wiedmayer

Expiring Memberships

Keith Boneburg
Charles Crawford
Lee Davis
Bruce DeDee
Maureen Gibson
Tom Gushurst Family
Brad Hackman
Janice Herrick
Cliff Muller
Jason Ochoada
Paul and Anne Pancella
John Sorenson
Keith & Kristine Wilkinson

Critical Mass Rides Start In Kalamazoo

Critical Mass rides have begun in Kalamazoo. The first was Friday, June 30, and the plan is to continue holding the rides every Friday afternoon. Riders begin congregating in Bronson Park at 4:30 pm and ride two similar loops through the downtown area starting at 5:00 pm. The ride itself goes roughly from the park east on Michigan Ave. to Pitcher, north to Kalamazoo Ave., west to Westnedge Ave., south to Lovell St., west to Stadium, then right, around on to Michigan Ave. again, and then repeats on largely the same route.

Turnouts so far have been in the 20 - 25 rider range, and obviously this should increase as the word gets around, and also once the students return in the fall. So far, there has been little, if any, media coverage, but this too ought to change. So far the rides have been fun and friendly, with a few horn-honking incidents, but no confrontations. The riders obey traffic devices, so far. Although invited, Kalamazoo's bike-mounted police have not yet partaken.

We spoke with Sara, a recent WMU grad who is behind Kalamazoo's Critical Mass rides. Sara says she bikes most everywhere, especially since someone T-boned her car a few months ago. She hopes to promote awareness of bicyclists' rights. I was most struck by Sara's statement that people in vehicles lose their sense of humanity and vulnerability, and become distanced from the real world around them; and that our sense of community suffers as a result.

My own real-world analogy is that drivers would be more careful around bicyclists if they all rode a bike once in a while and experienced just what it's like to be traversing the macadam unprotected by steel and glass, and having to generate their own motive force. **SO GET DOWN TO BRONSON PARK AND GET INVOLVED.** - Doug Kirk

Classified Ads

Cannondale R600 racing bike, 58 cm size, STI shifters, 16 speed, black & gray, excellent condition, purchased from and serviced by Village Cyclery. Call Dale Krueger at 375-0114

Bridgestone RADAC road bike, 60cm, with Dura-Ace components. RADAC stands for "Research And Development Adhesive Cement". This is a bonded aluminum bike with aluminum fork. Asking \$420. Please call John Thome at 353-5812 for details or e-mail jthome@kalsec.com.

Schwinn 60 cm. road bike. Blue, model 974, aluminum frame, Shimano components, 7-speed, San Marco saddle, Wobler rims, pump, Sampson pedals, VERY low miles. **Owner will donate 10% of sale price to KBC!!!** Call Chuck, 344-0331.

www.angelfire.com/mi/kbc/

KBC's webmaster, **Larry Kissinger**, reminds all KBC members that the KBC webpage is running just fine. Take a look.

Besides our own club stuff, you'll find some very handy links, such as one to the Kalamazoo County Road Commission webpage, weather information, where you can learn all about what roads will be torn up when, and **MOST IMPORTANT BY FAR**, when and where the dreaded tar & gravel machine will be lurking.

I know there are lots of people out there who just want to ride by themselves, and generally be left alone on their bikes, but I think most of us figure that riding with others of similar ability and skill adds immeasurably to the sport.

The best way to make this happen is to foster communications between club members, and other riders too. It's the information age, and sharing information about when and where to ride, and making this information as easily accessible to as many people as possible is the single best way to foster growth in our club and our sport.

Use the web, use the Ride Line, use email, or use phones. You can email Larry, the webmaster with your thoughts or ideas about the webpage at Kalamazoo.b.c@juno.com

- Doug Kirk

KVCC Cross-Country Ride Completed

Assuming you pick a reasonably direct route, it's around 2900 to 3200 miles across the United States. And no matter how you plan it, there are some pretty good sized hills along the way. How many days would you want to do the ride? About 30 area cyclists did it in five and a half weeks, which works out to about 90 miles a day, on the KVCC cross-country tour you have likely read about previously in these pages. The ride started about Memorial Day and ended on July 3rd.

A lot can go wrong when undertaking a ride of this magnitude, and a lot can go right too. You can freeze in the Rockies, melt in the desert, deal with awful problems with your body and your bike, get lost, get hungry, or desperately want to quit and call your mommy half way up some Rocky Mountain pass when it's hailing and 35 degrees. You can form tremendous bonds with people, discover strength you never thought you might have, learn an incredible amount about America and Americans, and wonder how we could possibly ever run out of room to grow in this vast place.

These cyclists faced all this and a whole lot more while completing the trip. I'm told that about 14 of the 30 did each and every mile, never, ever getting sagged by one of the three support vehicles accompanying the ride. Several KBC members are among those deserving congratulations. I don't have a current KBC membership list, but those who I think are in KBC and did the entire ride include **Richard Neumann, Al Cergol, Ride Captain Randy Putt, Dan Kalleward, Justin Merkling, Harold Gleaves, and Jennifer Sytsma**. I apologize to anyone I missed.

Kathy & I did ten 100 mile days in a row in order to meet and ride with our friends on this tour for a while. We hoped to ride with them longer than we were able to, but that's another story. Still, we can tell you that cranking out a century every day is lots of work, and you've got to be in shape and take very good care of yourself and your equipment along the way. A little good luck doesn't hurt either. These folks did three times what we did, and two mountain ranges.

I think that most of the cyclists would agree that while the physical challenge was enormous, the psychological challenge was even greater, and certainly more rewarding. Congratulations to these strong people is clearly in order, and I admit to being a bit awed by the fact that most of them are talking about what huge rides they might like to do next year. Can I come too?

- Doug Kirk

Ride Around Kalamazoo County Coming Up

The Ride Around Kalamazoo County (100 miles) is scheduled for August 12 at 8 AM from KVCC and will be led by Rollin Richman. These rides were done in 1998 and 1999 with small groups and were so successful and fun that KBC would like to include more KBC members in 2000.

This ride is pretty long, and while there will be stops for food, etc., bring some food and water of your own because there is no support vehicle. If you have comments about the above mentioned rides or have suggestions for other rides, contact Randy Putt by phone or e-mail. Stay tuned for further details.

Let us know if you want to put on a ride. Call any of us, our numbers are on the back page. Or use the Ride Information Form in this Newsletter. Check out the KBC web page (www.angelfire.com/mi/kbc/) for the ride calendar and for any last minute changes.

- Randy Putt

KBC Ride And Info Line Up And Running

Kathy Barrett, who is in charge of the KBC Ride/Information Line, tells us that it's up and running again the the riding season.

The ride line has recorded information about KBC rides and is a good resource to get the latest information about rides, especially rides we get too late to include in the *Pedal Press*.

Dial 343-2288.

August Ride Calendar

ALL WEEKDAY RIDES START AT 6:15 PM
in August.

The Monday, Tuesday, Wednesday, Thursday, and Friday rides continue in full swing in August and for the 2000 season. The Ride Around Kalamazoo County (100 miles) is coming up August 12 (See p. 4). Send your ideas for a ride to any KBC officer, the Ride Captain or to the *Pedalpress* Editor (see back page for phones, etc.).

The Monday Ride at Texas Drive Park consists of five ride groups in May which should provide a pace to suit riders of all abilities:

- 15-20 mile group at 10-12 mph led Lee Anderson,
- 15-20 mile group at 12-15 mph led by Mike + Sherri Higgins + Cliff Muller,
- 25-30 mile group at 16-18 mph led by Terry OConnor and Dale Krueger,
- 25-30 mile group at 19-20 mph led by Larry Kissinger.
- 25-30 mile group at 20+ mph no leader yet IDed.

The 10-15 miles groups will generally ride the same route and are recommended for new riders. For more experienced riders who are new to the club the 16-18 mph group is recommended. The faster groups ride the same route, also. We need additional ride leaders for all the ride groups. The more volunteers the better. The ride leaders make every attempt at keeping each group together although the 20+ mph group may fragment.

The Tuesday Ride starts at Breakaway Bicycles on Romence Rd in Portage. The ride is led by Paul Wells and consists of one group that rides 25-30 miles at 16-18 mph. Check this ride out. It is a friendly group.

The Wednesday ride meets at the Kal-Haven Trail Parking lot. KBC plans to offer two ride groups:

- 25-35 mile group at 16-18 mph led by Bill Strome and John + Bev Thome on their tandem,
- 25-35 mile group at 20+ mph led by Zoltan Cohen.

The Wednesday night Hammerfest will start at Kal-Haven Trail Parking lot at 6 PM. The pace of the ride is typically just a bit faster than Zoltan's ride, but the route goes further, to Bloomingdale and back (about 46 miles). Since the route is well known to most of the regular riders, no maps are available for this ride. This group consists of racers and other strong, experienced riders. There is no designated ride leader. The group often fragments into smaller groups and the riders often times do not finish together. This ride is hard, with a capital "H" while Zoltan's ride is nearly as

by Ride Captain Randy Putt

hard, but shorter, friendlier, and generally much larger.

Thursday night is Ladies' Night at KVCC lead in August by Kathy Barrett and Kristin Miller. Women of all riding abilities are welcome. The pace and distance depends on the riders who show up.

The Friday Tour de Gull meets at Billy's Bike Shop in Galesburg for a ride around Gull Lake (27 miles). This ride typically consists of two groups:

- 16-18 mph group (need ride leaders)
- 19+ mph group led by Randy Putt (Thanks to Mike Jones for leading in June and part of July). There has been some interest from club members in establishing a 13-15 mph group for this ride. If you are interested, please contact me.

Meet at the KVCC parking lot on Saturdays at 9 AM and Sundays at noon for 30-60 mile rides. There will be no designated ride leaders. Those riders who show up will determine the route, distance, and pace. Come on out to ride with old friends and meet new friends.

Join Rollin Richman for The Ride Around Kalamazoo County (100 miles) on August 12 at 8 AM at the KVCC parking lot near the tennis courts. This ride will stop about 3 times to refuel, so bring food and/or money for food and liquids along the way. This ride is a lot of fun. Riders of all abilities are welcome. Rollin's group will average about 18 mph. Maps will be provided.

Check out the KBC web page (www.angelfire.com/mi/kbc/) for the ride calendar and for any last minute changes.

BE A RIDE LEADER

We always need more ride leaders. A few people do most of the ride leading. With the increased ride attendance we need more rider leaders to handle the larger groups. The more ride leaders we have the better. The routes are well established for the Monday, Wednesday, and Friday rides, so it's easy. Please give me a call at 649-1814. I will be more than happy to discuss how to lead rides with you. In fact, most any experienced KBC rider would be happy to discuss ride leader responsibilities with you.

August

2000

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
30 KVCC-8:00 AM & 12:00 noon Riders present decide pace and distance.	31 Recovery Ride Texas Drive Park 6:15 10-15mph 6:15 16-18mph 6:15 20+mph	1 Breakaway Ride Breakaway Bicycles 6:15 16-18mph	2 Wed Night Ride Kal-Haven Trail-head 6:15 20+mph 6:15 10-15mph 6:15 16-18mph	3 Women's Ride 6:15 PM at Texas Drive Park. Riders set pace	4 Tour de Gull Lake Billy's Bike Shop 6:15 18-21mph	5 KVCC 9:00 am. Riders present determine pace and distance.
6 KVCC-8:00 AM & 12:00 noon Riders present decide pace and distance.	7 Recovery Ride Texas Drive Park 6:15 10-15mph 6:15 16-18mph 6:15 20+mph	8 Breakaway Ride Breakaway Bicycles 6:15 16-18mph	9 Wed Night Ride Kal-Haven Trail-head 6:15 20+mph 6:15 10-15mph 6:15 16-18mph	10 Women's Ride 6:15 PM at Texas Drive Park. Riders set pace	11 Tour de Gull Lake Billy's Bike Shop 6:15 18-21mph	12 RIDE AROUND KALAMAZOO COUNTY 8:00 am KVCC See p. 4
13 KVCC-8:00 AM & 12:00 noon Riders present decide pace and distance.	14 Recovery Ride Texas Drive Park 6:15 10-15mph 6:15 16-18mph 6:15 20+mph	15 Breakaway Ride Breakaway Bicycles 6:15 16-18mph	16 Wed Night Ride Kal-Haven Trail-head 6:15 20+mph 6:15 10-15mph 6:15 16-18mph	17 Women's Ride 6:15 PM at Texas Drive Park. Riders set pace	18 Tour de Gull Lake Billy's Bike Shop 6:15 18-21mph	19 KVCC 9:00 am. Riders present determine pace and distance.
20 KVCC-8:00 AM & 12:00 noon Riders present decide pace and distance.	21 Recovery Ride Texas Drive Park 6:15 10-15mph 6:15 16-18mph 6:15 20+mph	22 Breakaway Ride Breakaway Bicycles 6:15 16-18mph	23 Wed Night Ride Kal-Haven Trail-head 6:15 20+mph 6:15 10-15mph 6:15 16-18mph	24 Women's Ride 6:15 PM at Texas Drive Park. Riders set pace	25 Tour de Gull Lake Billy's Bike Shop 6:15 18-21mph	26 KVCC 9:00 am. Riders present determine pace and distance.
27 KVCC-8:00 AM & 12:00 noon Riders present decide pace and distance.	28 Recovery Ride Texas Drive Park 6:15 10-15mph 6:15 16-18mph 6:15 20+mph	29 Breakaway Ride Breakaway Bicycles 6:15 16-18mph	30 Wed Night Ride Kal-Haven Trail-head 6:15 20+ mph 6:15 10-15mph 6:15 16-18mph	31 Women's Ride 6:15 PM at Texas Drive Park. Riders set pace	1 Tour de Gull Lake Billy's Bike Shop 6:15 18-21mph	2 KVCC 9:00 am. Riders present determine pace and distance.

KBC General Membership Meeting—And Presidential Election—Set for August 15 At 6:30 pm

Within the last month, the KBC Board was contacted by Karen Sue Oullette, a local Triathlete, kingpin in the TriKats Triathlon Club here, and Ironman competitor. Karen volunteered to become KBC's President.

Since the Presidency has been vacant all year, and one of our two co-vice-Presidents, Richard Walter, moved to California last month, the KBC Board met with Karen in a hastily called meeting on July 18th. Zoltan Cohen, our Secretary, prepared minutes of the meeting, and they are reprinted though a bit condensed on page 9.

We all were impressed with Karen's experience, energy and desire; and truth be told, would have most certainly elected her on the spot but for the fact that the KBC Constitution calls for an election with notice thereof (check that legalese!!) to the membership.

Details. Details. Details!! So we figured we ought to do the right thing, and have scheduled a general meeting for 6:30 pm on Tuesday, August 15th at the United Way Building, 709 S. Westnedge Ave.

Karen is an accomplished cyclist, holding a couple of State time trial age-group championships. But actually a better indication of her qualifications for our Presidency is the great job (from everything I've heard from several sources) with the Triathlon club, which has grown dramatically with her help. Certainly the Seahorse Triathlon, which they put on last month, was an exceedingly well done, and had a big, big turnout, as I know from having volunteered to help with the bike course.

We haven't had many meetings this year, and there really is a good bit to talk about—especially with a new President set to come on board.

So please mark your calendars, come meet Karen, talk about where KBC ought to be headed, and see all your friends Tuesday August 15th.

From Our Man on the Kalamazoo Area Transportation Study (KATS)

I noticed the other day on the Flowerfest ride that big, white rumble strips had been placed across the entire northbound lane of 8th Street near the intersection with U Avenue. I don't understand why 18-24 inches of the right portion of the lane were not left smooth to allow for easy passage of bicycles. The purpose of the rumble strips certainly wouldn't have been affected by doing this. The current situation of 3-4 inches on the right edge of the lane with a low shoulder is an accident waiting to happen. My son nearly crashed when he unexpectedly hit the first set of strips because they gave him such a shock.

I sent a note to the Kalamazoo County Road Commission about this. I encourage anyone else who feels the same way to contact the Road Commission.

Aside from this, the minutes from the last KATS Technical Subcommittee indicated that during May there were more than 500 instances of bikes on the newly installed racks on buses. I think that is great! I haven't tried the racks yet, but plan to late in the fall or early in the winter when the snow sets in.

- Steve Vonderfecht

KBC Board Minutes

The meeting started with an informal introduction of Karen Sue Oullette. Karen Sue has volunteered to serve as president of KBC and this meeting was called primarily to introduce her to the Board as well as to talk about some of the Club's goals and aspirations. Discussion followed concerning which direction the club was - and should be - headed. Some of the possible goals identified were: more community involvement in children's bike rodeos, safety courses, and exhibitions; the possible resurrection of a Club Race

Team, with events such as races and time trials scheduled; continuation of the bike repair and give-away program started by Richard Walter.

There was discussion about how to go about electing an interim president in the middle of a term. The members (*See KBC Minutes, p. 8*).

Etiquette

Dear Mr. Manners: Despite our best prayers and preparations, someone often flats on the club rides. Sometimes no one stops, sometimes everyone circles back, sometimes a few stop and most keep going, but mostly the group muddles around, full of indecision, clogging up the road and creating a terrific hazard that has all drivers within range firmly convinced that in fact there are no brains worth protecting under our helmets. What's proper etiquette in this situation?
--Signed, I. B. Frustrated

Dear Frus: Mr. Manners sympathizes with you about this entire situation, especially because flats usually happen near the beginning of the ride, which tends to show that the rider wobbling off the back hadn't checked things out too well before the ride. The magnitude of the debacle is sometimes compounded when the deflated rider turns out not to have that which is necessary—skills, tubes, or tools—to replace the penetrated bladder within the flattened tread and restore sufficient pressure to press on.

I personally am filled with scorn and derision for those who lack a spare tube, lever, or pump. And to those who expect to inflate a tire to 100 psi with one of those silly mini-pumps, Bah! Humbug! Did it ever occur to you that even big pumps take LOTS of force to produce the desired result? What makes you think that little thing will do the job?? Have the right stuff and know how to use it!! Correct etiquette is hereby declared to be:

1. If the rider says he is all set and don't worry about him, those who hear his declaration shall inform everyone within range in the loudest possible voice that they have been instructed to continue on, and the peloton may proceed with in a manner unfettered by guilt or remorse. The entire peloton shall

send positive karmic energy to the poor, beflatted soul to its rear. This rule is VOID and of no effect if the flatted rider is of the female persuasion. Go straight to number 2.

2. If the rider declares that he needs help, then help shall indeed be rendered by a sufficient number of riders to insure that s/he shall most likely be rendered mobile once again, and also sufficient to get some sort of reasonable paceline reestablished.
3. In case of number 2, or if no one seems to know if the rider needs help or not (the usual situation), the group shall assume that the rider is capable of fixing a flat, and proceed up the road at a somewhat reduced pace for a mile or so, then **TURN AROUND AS A GROUP WHEN SAFE** and return, as a reasonably cohesive group, back to the scene of the crime. By now, more than 5 minutes should have passed, and the rider should be very nearly up and running. If not, aid shall be rendered as necessary.
4. Those who do not turn around in accordance with the above shall be forthwith declared to be testosterone-overloaded, egocentric, and hammerheaded; and must henceforth perform most if not all duties at the front of the pack, and shall be the recipients of seriously bad karma from the remainder of the group.

One final note. The real problem is usually a lack of communication. It's hard enough to communicate when the group is rolling together. It's impossible when everyone's all spread out. Those in the back **MUST** let those in the front know what's going on. Don't just shout and hope someone heard you. Ride up there and make **SURE** they heard. And you hammerheads in the front, pay attention to these rules, okay?? A group ride is **NOT** a race, and there is no prize for finishing first!

KBC Minutes (Cont'd from p.7)

present decided to delay a vote on this issue until it can be announced to the membership at large in the *Pedalpress* Newsletter. The president elected at that point would serve an interim term until the usual December elections. There was strong support, enthusiasm, and gratitude for Karen Sue's stepping forward and volunteering for this position.

In recognition of the many ways in which the five local bike shops in this area (Alfred E. Bike, Village Cyclery, Milwood/Portage Schwinn, Breakaway Bicycles, Billy's

Bike Shop) help the Club out with events, give-away items, and support for KBC members, Tom Cross moved that KBC buy the shops lunch (delivered pizzas). Doug Kirk seconded the motion and it passed by unanimous vote. Tom will handle the ordering and delivery, and doubtless help with the eating was well.

Zolton Cohen brought up the necessity of writing thank you notes to the graphic designer of the Flowerfest poster, the poster printer, Saturn, the Bryar Patch, and others who donated or gave items to the Tour at cost. Zolton will send the notes out within two weeks.
- Zolton Cohen



Club Member Rides with Greg LeMond, or to put it another way, "Greg LeMond Rides with Dale Krueger"

During the first five months of this year, my wife, Ruth, and I were living on Beacon St. in downtown Boston. I was assistant to the pastor of First Lutheran Church. In February I was invited to ride the May 20th 85 Mile Hyannis Port Challenge. Part of the challenge was to raise funds in support of Best Buddies, an international organization dedicated to enhancing the lives of people with mental retardation by providing opportunities for one-to-one friendships and assistance with employment.

I had been commuting around Boston and Cambridge on my mountain bike during most of this mild winter. When it started to get warmer in March I began riding my Cannondale SR-800. With a couple of longer training rides in May, and pledges coming in towards my goal, I felt I was ready for the Hyannis Port Challenge.

Ruth volunteered to work at the registration table on the day of the ride, a task that began at 4 AM at the JFK Kennedy Library in Boston. It was a challenge for us to arrive there that early. As it had been raining most of the week, I didn't know what other challenges lay ahead. I was glad, that even though it was cold at 7 AM, that it wasn't raining. The ride chairman, Anthony Kennedy Shriver, Senator Ted Kennedy's nephew, gave us 360 riders our final instructions and Greg LeMond led us on our

way toward the Kennedy Compound in Cape Cod.

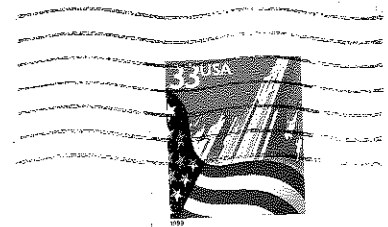
It was a great ride on good roads, with police at most major intersections to motion us through. Big yellow BEST BUDDIES signs were along the way so there could be no doubt as to the roads we were to take. The four rest stops had ample food and drink. The weather stayed cool, and I tucked in with a couple of guys that challenged me to keep going at 19-20. Some people asked me how long I had been riding and my answer was, "Well, I got my first bike when I was 10, and I have been riding for the past 58 years"

I arrived at the finish line about 1:30, took a shower, got a massage, and headed to the Kennedy compound with some of my new friends. There was a enormous tent set up on the front lawn of the Kennedy home, filled with tables for all the riders, a good sized dance floor, plenty of hot clam chowder to warm us up, and a program of celebrities. It was announced that we 360 riders had raised over a half million dollars for Best Buddies. In the live auction, a "Ride in the Tour de France with Greg LeMond" (a 91 mile 12th stage organized by Velo Magazine), went for \$15,000. After a sumptuous meal of lobster, clams, chicken, vegetables and salads, and plenty to drink, we danced to the Pointer Sisters.

As I had a friend take the picture of Greg and myself, I told him that the Kalamazoo Bike Club had sponsored me on this ride (well, a few did) and he told me to thank the KBC and to keep on riding. A truck carried my bike back to Boston and a most comfortable bus took me back to the Kennedy Library. I was back in our apartment by 10 PM with loads of great memories. I thank my team of sponsors, including those in the KBC, for helping me to raise over \$1,500 for the support of Best Buddies. Those who didn't get to sponsor me for this ride, may well have a chance for the 2001 Ride.



KALAMAZOO BICYCLE CLUB
 P.O. Box 50527
 Kalamazoo, MI 49005



ADDRESS CORRECTION REQUESTED

Expires 2001/02

Phil & Jini Caruso
 313 Horseshoe Court
 Plainwell, MI 49080

KBC OFFICERS

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KALAMAZOO AREA BIKE SHOPS

Alfred E. Bike 349-9423
 Billy's Bike Shop 665-5202
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KALAMAZOO BICYCLE CLUB MEMBERSHIP APPLICATION

Dues (Check One)

- Adult Membership \$15.00
- Family \$17.00
- Senior (60+) \$13.00
- Youth (17 or younger) \$13.00

Please Print

Name _____
 Address _____
 City _____ State ____ Zip _____
 Phone _____ Birthdate _____
 E-mail _____

Family Member Names Birthdates

_____	_____
_____	_____
_____	_____
_____	_____

Signature _____
 Parent's Signature (if under 18) _____

Interested in working on KBC Events? Yes No

Rider Category: Fitness Casual Competitive

SEND TO: KALAMAZOO BICYCLE CLUB, PO BOX 50527, KALAMAZOO MI 49005