



## Editor's Letter

Karen Sue has formally begged off writing a President's letter this month, asking that I do it for her.

**Most importantly, Karen Sue and I both would like to invite everyone to party at KBC's 30th Anniversary on Saturday September 22 at 10:00 am at the Kal-Haven Trailhead.**

**We're going to ride at 10:00, & eat pizza and party when we get back around noon or 12:30.**

Although we mentioned Markin Glen Park as a possible location last month, we decided to hold the event at the Kal-Haven Trailhead on North 10th Street.

We plan to have rides at two or more paces, and people can ride the trail if they'd rather. So please come, and **bring any friends you have who might be interested in joining KBC.**

On an unrelated note, we now have proof of just how strong KBC riders are and what great training KBC rides are. I see in *Velonews* that the two Saturn riders who graced us with their presence at Flowerfest, Kim Davidge and Harm Jensen raced with great success at one of the country's largest annual stage races, the Tour de 'Toona, in Altoona, Pennsylvania.

Harm Jensen won the men's overall race (General Classification) and Kim Davidge won the final stage in the women's race.

I personally have little doubt that both these fine racers would credit their Flowerfest experience at least in part for their strong performances, either because we really showed them some speed, or because they got a relative rest here, since they didn't have to race that weekend!

The riding season's starting to wind down. Enjoy it while you can. Tights will be coming out soon enough!

- Doug Kirk

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## KBC's Wish List

That everyone think about KBC's ride schedule, and how they might contribute. See page 2.

## Next KBC Meeting September 11

The next regular monthly KBC meeting will be held Tuesday, September 11, 2001, the second Tuesday of the month, just like always, at 7:00 pm.

The location has changed, due to remodeling at the Jaqua Realty Offices we had used.

**We will meet at the Borgess Fitness Center, 3025 Gull Road (on the old Nazareth College Campus). Just walk in the door and a sign will direct you. EVERYONE is invited to attend.**

## Vineyard Classic September 9

The first of the local fall tours is the Vineyard Classic, Sunday, September 9th in Paw Paw. This is a great ride, with good good and mostly deserted roads.

A group of us who think a metric century isn't enough will meet at KVCC at 8:00 that morning to ride out to the start of the tour. See page 5. Call 657-6309 for more information.

## A Little History

While at Briar Patch last Sunday, Bruce Deedee and his wife inquired about the first date of the Club and speculated that it was in the 1980s. I told them that was wrong and decided to draft a history of the Club for inclusion in the Newsletter.

I am hopeful that someone will find Joel Dinda's History in a newsletter from the 1980s. That is the most definitive information that we have. (Our Newsletters go back to 1972.) KBC was the first (and only one of two Clubs) in the State of Michigan to stage the League of American Wheelmen (now League of American Bicyclists) National Rally. (The other is TCBA, a much bigger Club, obviously.)

With about 16 months warning KBC held the Rally in 1978 (Escape '78) and it was staged in the Valley Dorms at WMU. I think we still have a set of maps from the Convention (Rally). There were about 750 participants and KBC earned about \$1200 with which we bought a copy of Forrester's Film on Effective Cycling, which was donated to the Kalamazoo Valley Intermediate School.

We do not have any of the flyers for the Spring Valley Races in our files, but my wife Jini and I remember a young rider by the name of Frankie Andreu and we also remember the Club's early insistence on trying to make the women's races longer than the trivial distances then in vogue and trying to equalize the prize lists. (Donations came from the Dindas, Doug Stevenson (Alfred E. Bike) and the Carusos to supplement the normal prize list for women races.) As a result I remember getting an unusually good turnout for the women's races.

- Phil Caruso

## New KBC Ride Schedule For 2002?

KBC President Emeritus Tom Cross (*Hey, Tom, how about that title? -Ed.*) began what quickly became a flurry of emails a couple of weeks ago by suggesting several possible changes to the KBC ride schedule for next year. Tom generated enough interest that it's safe to say that there will be some serious thought, and likely some meetings, on the subject this winter.

Altering the ride schedule is not an easy subject because different people have varying ideas of what our rides ought to be, and there are diverse groups of riders who have different objectives—road and mountain bike racers, as well as 3 or 4 different levels of non-racers. Also, there is much to be said for continuity, and many, many people out there know when and where we will be riding because we've been running the same schedule (Mondays, Tuesdays, Wednesdays, and Fridays) for quite a few years now.

Tom believes (as do I) that the Monday Night Ride needs to return to its Recovery Ride roots—in other words, Monday should NOT be a time for a fast ride. Tom also suggests we have some regularly scheduled time-trials, perhaps on Tuesdays or Thursdays. Others responded that this idea was floated earlier this year but died for lack of interest.

Please give the ride schedule some thought, and please make your feelings known either by coming to KBC meetings, or contacting a Board member. We NEED your input.

- Doug Kirk

## September Birthdays

Laurie Anderson

Lee Anderson

Mary Cohen

Jeff Corbett

Carl Degen

Ronald Eichaker

David Hapman

Kirsten Hemmy

Ashley Mitchell

James Wyrick

## New Members

Chet Arnold

Jo Arnold

Herb Boven

Marjorie Coates

Blaire Showers

Blake Showers

LaDawn Showers

Scott Showers

Alex Thannhauser

Natasha Thannhauser

Andrea Thannhauser

Peter Thannhauser

## Expiring Memberships

*(The Editor is given to understand that sometimes people's names appear in this list even though they recently paid their dues. This problem is due to the time gap created between the mail being picked up at the Post Office, then delivered to the Database Manager, then entered into the computer. Just to add even more delay, the information is sent to the Editor on the 15th each month, and two more weeks pass before the PedalPress is written, printed, folded, labeled, and mailed. We apologize to those folks who pay up only to find themselves listed here.)*

Jamie Clark

Bruce DeDee

Julie Dill

Joe Dill

Maureen Gibson

Mary Lou Hollis

Graham Hollis

Dan Kallewaard

Mark Krook

Dale & Ruth Krueger

David Newman

Renny Oas

Donna Oas

Harriet Swanson

## Remember Han?

Many of you will remember Wen Han Teoh, a WMU graduate student from Malaysia and very strong rider who moved to Arizona last year. Han will be visiting here in early September, and hopes to ride with us. He also hopes to sell his beloved Trek bicycle.

## KBC August Meeting Minutes

Date: August 14, 2001. Location: Bilbo's Pizza, South Westnedge Ave. Time: 7:15 PM. Present: Zolton Cohen, Karen Sue Ouellette, Steve Secondi, Dave Newman, Paul Stevens, Doug Kirk, Terry O'Connor, Victor Van Fleet.

During the last meeting, Paul Stevens, KBC Treasurer, reported that the cost of producing the KBC *Pedalpress* Newsletter has been rising. This appears to be the result of increased membership and escalating printing and distribution costs. To address this issue Doug Kirk, Newsletter editor, spoke with the printer and was able to work out an agreement that should save KBC approximately 50 dollars per month - a significant amount in the KBC budget.

Paul Stevens reported that, after expenses, the 2001 Flowerfest Bike Tour raised \$1,543.81. However, with projected expenses through the end of 2001, the Club may see a total deficit for the year of -\$1,392.00. There is presently approximately \$13,000.00 in the Club treasury so this projected shortfall can be covered.

Due to the loss of our regular meeting space at the Chuck Jaqua Realtor office on Milham Road, KBC meetings will be held at the Borgess Fitness Center, 3025 Gull Road, until further notice. The next meeting is September 11, 2001 at 7:00 PM. Dave Newman will check with the Kalamazoo Public Library to determine if there is a free conference room available at this centrally located facility for future meetings.

Dave Newman and Doug Kirk are checking into the possibility of recruiting some WMU students to become KBC members, possibly by handing out membership applications at the upcoming Bronco Bash on WMU's campus.

The "KBC 30th Anniversary Pizza and Cider Ride - 1971-2001" has been set to start at 10:00 AM on Saturday, September 22nd, at the Kal Haven Trail parking lot on 10th Street. There will be a 30 mile road ride scheduled, plus other route lengths available, as well as the Kal Haven Trail for those wishing to do a trail ride. Pizza and cider will be delivered at noon.

This event will be free to current KBC members and their families, and the Board agreed that members are welcome to bring other riders who might be interested in joining KBC,

With KBC Executive Board elections coming up in November, Terry O'Connor has submitted his name for KBC Treasurer to fill the spot vacated by Paul Stevens. The Board solicits names of other KBC members interested in running for President, vice-president, Secretary or Treasurer. Contact any KBC Board member—phone numbers and email addresses are on the back page—if you or anyone you know is interested.

The meeting adjourned at 8:00 PM.

Respectfully submitted,

Zolton B. Cohen, KBC Secretary.

# July & August Mountain Bike Race Results by Cheryl Olson

*PedalPress* publishes results of KBC members in area (or regional or national) races. Cheryl Olson and Chris Barnes supply information they obtain to the Editor, who will try to get the information straight. PLEASE notify the Editor of mistakes or omissions. We'll try to list upcoming races too. PLEASE, PLEASE help Cheryl and Chris out and notify them of any results you know of. Call Chris Barnes at 327-8972 or email [barnesmc@net-link.net](mailto:barnesmc@net-link.net). Or contact Cheryl at 616-664-6912 or [caolson@resourceocean.com](mailto:caolson@resourceocean.com).

## 6/24 TK Lawless Time Trial

Class	Name	Placement
Elite Men 35+	John Meyers	2nd
Single Speed	Richard Neumann	5th

## 7/15 Ruby Cross Country

Class	Name	Placement
Expert 25-29	Andrew Weir	3rd

## 7/21 Stoney Creek Cross Country

Class	Name	Placement
Expert Men 35-44	Scott Steurer	8th
Single Speed	Richard Neumann	5th

## 7/22 Boyne Challenge Cross Country

Class	Name	Placement
Elite Men	Mark Olson	7th
Expert Women	Cheryl Olson	3rd

## 8/5 Big M Cross Country

Class	Name	Placement
Elite Men 35+	John Meyers	3rd
Expert Women	Cheryl Olson	2nd
Expert 24 & under	Pete Skellenger	1st
Expert Men 35-44	Mike Jones	3rd
Expert Men 35-44	Scott Steurer	5th
Single Speed	Richard Neumann	1st

## 8/11 Ore To Shore Cross Country

Class	Name	Placement
Elite Men	Mark Olson	4th
Expert Women	Cheryl Olson	1st

## 8/11 Pando 12 Hour

Class	Name	Placement
Individual 30+	Richard Neumann	2nd
4-man team	R Wolf, T Cross and friends	4th
Expert 24 & under	Pete Skellenger	2nd

## September Mountain Bike Races

9/9 Stoney Creek Cross Country  
[www.tailwinds.net](http://www.tailwinds.net)

9/15 Addison Oaks Short Course  
[www.tailwinds.net](http://www.tailwinds.net)

9/16 Addison Oaks Cross Country  
[www.mmba.org](http://www.mmba.org)

9/22 Pando Downhill  
[www.funpromotions.com](http://www.funpromotions.com)

9/23 Pando Cross Country  
[www.funpromotions.com](http://www.funpromotions.com)

9/29 Glacier Gorge Cross Country  
[www.iceman.com](http://www.iceman.com)

# September Ride Calendar

by Ride Captain Randy

## ALL WEEKDAY RIDES START AT 6:00 PM IN SEPTEMBER, and 5:30 pm in October

It has been another great riding season and some of the best tours of the year are yet to come this Fall. DALMAC over the Labor Day Weekend, the Wine and Harvest Festival Ride on Sept 9, Apple Cider Century on Sept. 30. For you hard core riders who like a challenge try the Columbus Fall Challenge on Sept. 29 and 30 in Lancaster, Ohio just south of Columbus. The Turning Leaves Century in Dowagiac is typically nice (Oct 7). The Hilly 100 in Bloomington, IN on Oct 20 and 21 is a great way to end the touring season.

The Monday Ride at Texas Drive Park consists of five ride groups which should provide a pace to suit riders of all abilities:

- 15-20 mile group at 10-12 mph to Schoolcraft; need leaders,
- 15-20 mile group at 12-15 mph to Schoolcraft for ice cream, led by Mike and Sherri Higgins, and Cliff Muller,
- 25-30 mile group at 16-18 mph led by Terry O'Connor and Fred James,
- 25-30 mile group at 19-20 mph led by Randy Putt, Rick Whaley, Greg Bouwman, Tom Cross, and Larry Kissinger,
- 25-30 mile group at 20+ mph, need ride leader.
- the Paceline Skills Ride at 15-20 mph (25-30 miles) led by Doug Kirk. This is KBC's newest ride, also known as the DRAGS (Decent Riders Attempting to Go Slow.) Learn/practice proper paceline bike handling and drafting technique at a recovery ride pace, around 18 - 19 mph.

The turnout on Mondays and Wednesdays has been tremendous. Several riders from each group are typically present with as many as 50 riders all together.

The Tuesday Ride starts at Breakaway Bicycles on Romence Road in Portage. The ride is led by Paul Wells and consists of one group that rides 25-30 miles at 16-18 mph. This is a nice, friendly ride.

The Wednesday ride meets at the Kal-Haven Trail Parking lot. We offer three ride groups:

- 25-35 mile group at 16-18 mph led by Bill Strome,
- 25-35 mile group at 20+ mph led by Zolton Cohen.

In addition to these two rides, the Wednesday Hammerfest also starts at Kal-Haven Trail Parking lot at 6

lately has averaged as high as 25 mph. The route goes to Bloomingdale and back (46 miles). No maps are available for this ride. **This group is generally large (20 - 40 riders) and consists of racers and other assorted masochists.** This ride is well known throughout southwest Michigan, and fast riders come from other cities. There is no designated ride leader. The group routinely fragments, riders get spit out the back of the pack, and the group is not particularly kind to people who have flats or other machanicals.

This ride is hard and is not suitable for inexperienced riders. Good pack riding skills are essential. It is also lots of fun if you are up to it.

**The new, co-ed Thursday Ride** is be more laid back than most KBC rides, more social and relaxed. The ride is about 20 miles, at 15 - 16 mph. Members are encouraged to bring spouses or significant others to ride at this pace. The ride leaves Texas Drive Park at 6:15 pm. Kathy Barrett needs alternate ride leaders, so please contact her at 388-5045 if you can help.

The Friday Tour de Gull meets at Billy's Bike Shop in Galesburg for a ride around Gull Lake (27 miles). We have two ride groups this year.

- 16 - 18 mph group (need ride leaders,)
- 20+ mph group led by Randy Putt, Rick Whaley, with a host of others filling in as needed. All groups follow the same route. The route for this ride is well established so the ride leader job is easy. Give it a try.

Meet at the KVCC parking lot on Saturdays at 9 AM and 12 PM, and Sundays at 9 AM and 12 PM for 30-60 mile rides. There are no designated ride leaders. The riders who show up will determine the route, distance, and pace.

### The Vineyard Classic Ride

On September 9 plan to meet at the KVCC parking lot (SW corner) to extend the metric century Wine & Harvest Ride to a century. We leave promptly at 8 AM from KVCC and the pace will be 18-20 mph. Riders at other paces are welcome. Ride leaders at the other paces will be needed. Contact Randy Putt if interested.

If you prefer the metric century, meet this group at the starting point of the Vineyard Classic Ride in Paw Paw, the Van Buren County Human Services Building on Hazen St about a quarter of a mile north of Red Arrow Highway, at 9 AM.

# September

Hey folks, listen up here. Due to shorter days, gosh darn it, all KBC weekday rides start at 6:00, NOT 6:15, in September (5:30 in October).

2001

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
						<b>1</b> KVCC  9:00 am AND ALSO NOON Riders present determine pace and distance
<b>2</b> KVCC  9:00 am AND ALSO NOON  Riders present determine pace and distance	<b>3</b> Recovery Ride Texas Drive Park  6:00 10-15 mph 6:00 16-18 mph 6:00 20+ mph Paceline Practice	<b>4</b> Breakaway Ride Breakaway Bicycles  6:00 17-19 mph	<b>5</b> Kal-Haven Trailhead  6:00 16-18 mph 6:00 20 - 22 mph 6:00 22++	<b>6</b> Co-ed Ride Texas Drive Park  6:00 pm 20 miles at 15 - 16 mph	<b>7</b> Tour de Gull Lake Billy's Bike Shop  6:00 15-16 mph 6:00 17-19 mph 6:00 18-21 mph	<b>8</b> KVCC  9:00 am AND ALSO NOON Riders present determine pace and distance.
<b>9</b> <b>VINEYARD            CLASSIC</b>  <b>Paw Paw            See Page 1</b>	<b>10</b> Recovery Ride Texas Drive Park  6:00 10-15 mph 6:00 16-18 mph 6:00 20+mph Paceline Practice	<b>11</b> Breakaway Ride Breakaway Bicycles  6:00 17-19 mph	<b>12</b> Kal-Haven Trailhead  6:00 16-18 mph 6:00 20 - 22 mph 6:00 22++	<b>13</b> Co-ed Ride Texas Drive Park  6:00 pm 20 miles at 15 - 16 mph	<b>14</b> Tour de Gull Lake Billy's Bike Shop  6:00 15-16 mph 6:00 17-19 mph 6:00 18-21 mph	<b>15</b> KVCC  9:00 am AND ALSO NOON Riders present determine pace and distance.
<b>16</b> KVCC  9:00 am AND ALSO NOON Riders present decide pace and distance.	<b>17</b> Recovery Ride Texas Drive Park  6:00 10-15 mph 6:00 16-18 mph 6:0 20+ mph Paceline Practice	<b>18</b> Breakaway Ride Breakaway Bicycles  6:00 17-19 mph	<b>19</b> Kal-Haven Trailhead  6:00 16-18 mph 6:00 20 - 22 mph 6:00 22++	<b>20</b> Co-ed Ride Texas Drive Park  6:00 pm 20 miles at 15 - 16 mph	<b>21</b> Tour de Gull Lake Billy's Bike Shop  6:00 15-16 mph 6:00 17-19 mph 6:00 18-21 mph	<b>22</b> <b>KBC 30th            Anniversary            Ride.</b> <b>10:00 am</b>  <b>See Page 1</b>
<b>23/30</b> KVCC  9:00 am AND ALSO NOON Riders present decide pace and distance.	<b>24</b> Recovery Ride Texas Drive Park  6:00 10-15 mph 6:00 16-18 mph 6:00 20+ mph Paceline Practice	<b>25</b> Breakaway Ride Breakaway Bicycles  6:00 17-19 mph	<b>26</b> Kal-Haven Trailhead  6:00 16-18 mph 6:00 20 - 22 mph 6:00 22+	<b>27</b> Co-ed Ride Texas Drive Park  6:00 pm 20 miles at 15 - 16 mph	<b>28</b> Tour de Gull Lake Billy's Bike Shop  6:00 15-16 mph 6:00 17-19 mph 6:00 18-21 mph	<b>29</b> KVCC  9:00 am AND also noon Riders present determine pace and distance.

## An Invitation To A Really Different Ride by Steve Cox

I went to school in Columbus, Ohio and one of the area's premier rides back then was the annual Columbus Fall Challenge (*It still is -Ed.*). This two-day ride covered 200 miles of the hilliest roads that the organizers could find south and east of Columbus. The Kalamazoo area doesn't have hills as big as those in Ohio near the West Virginia border, not even close, to tell you the truth, but our hills can seem similarly tough if the roads aren't paved.

As described in my previous article, Houston Petersen and I have been scouting roads for our NPR (No Painted Roads) ride, and we hope that you will join us on our inaugural group ride at 9 a.m. on Sunday, October 21, 2001, starting at Texas Township Park on Texas Drive (*same place as the Monday Night Ride -Ed.*). Think of this as a one-day mini-Columbus Fall Challenge, only about 70 miles long but with about 30 miles of dirt roads.

The course is generally hilly, and many of the roads (both paved and unpaved) meander through hardwood forests that we hope will be spectacularly colorful. Although the ride could be done on a mountain bike, Houston and I will ride road bikes. I can personally attest that a cyclist can ride all of the dirt roads on a road or track bike with 700 X 23C tires, but I think most road-bikers should use tires ranging in size from 700 X 25C to 700 X 32C. My favorite dirt road tires are Rivendell Roly-Poly 700 X 28C tires. Road bikers are advised to leave their \$800 racing wheel sets at home and instead use durable, standard 32-36 spoke wheels. Mountain bikers will probably have more fun by using tires that have low rolling resistance on pavement, such as Avocet Fat Boys.

The ride is unsupported, and there is only one food/water stop that is near the halfway point of the ride. There is very little motor traffic on all of the roads on the course. I recently rode the course on a Saturday morning and saw only seven cars during the entire 4-hour ride, and three of those cars were parked at the food stop, the gas station in Vandalia.

Because the course traverses such deserted and out-of-the-way roads, it would be prudent for each rider to be prepared for multiple flat tires and other common mechanical problems. (Note: flat tires need not occur with any greater frequency on dirt roads than on asphalt; I've only had one flat tire in my two years of riding my road or track bike on dirt roads.)

The course itself will not be marked, but I will provide

course maps and a detailed written set of directions. If you come on the ride and decide that you don't want to do the entire route, or that you want to bypass some of the dirt sections, it should be possible in many instances to select alternate paved roads that will allow you to meet up again with the other riders.

My hope is that the riders will do most of the ride as a single group or perhaps as a few groups. There will probably be huge variability in riding speed on the dirt sections, but **I hope that the hammerheads can be generally convinced to regroup with slower riders at the end of each dirt section.**

Even though the ride is only about 70 miles long, be prepared for your legs to feel as if they pedaled 100 miles. Please show up for the ride if this sounds interesting or fun!

Please e-mail me [curlystays@aol.com](mailto:curlystays@aol.com) if you are planning on doing the ride, so I can be sure to have enough maps for everyone. If all goes well this year, perhaps next year we could do a 100 mile ride with about 40 miles of dirt roads.

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## Michigan Recumbent Rally – West

Curious about recumbent bicycles? On Saturday, September 8, an informal gathering of recumbent cyclists (and normal people) will take place at the WMU main campus in Kalamazoo. We will provide an opportunity to see recumbent bikes of all kinds live and up close. We will be set up in the promenade circle near parking lot 49 (between Kanley chapel and the Lee Honors College) from 10:00 in the morning to 3:00 in the afternoon. There will be plenty of information and vehicles to test ride, probably including a dealer or two. There is no cost, and anyone can come for all or part of the day, whether or not they have any kind of bike. This event is brought to you by the Michigan Human Powered Vehicle Association. If you would like more information, please feel free to contact me, Paul Pancella, either by email or telephone.  
 Paul.Pancella@WMich.edu (616) 353-0125

## Zoom Around The Zoo

Other than the length, there was nothing epic about KBC's 3rd annual Ride Around Kalamazoo County. It was pure pleasure. Randy Putt even showed up on time.

20 Riders started the ride at KVCC at 8am on the 18th under partly cloudy skies and in temperatures in the middle 60s. Zolton Cohen said "I'm freezing," as he put on arm warmers and a wind vest. Most of the group elected to do without any clothing ... other than shorts and a jersey, modest group that they are.

The initial portion of the ride proceeded West to Mattawan at good speed and without incident. Turning south, the hill through downtown Mattawan (such as it is) presented the only early challenge -- most of the hills were cleverly placed near the end of the ride by the sadist who designed the route.

Further pleasant and largely uneventful riding took the group east through Vicksburg. Ride Leader and KBC Ride Captain Randy Putt had used up his quota of riding for the week at this point, and turned off just past Vicksburg. "Go right on V, and left on 42nd Street" he said as he disappeared, still leading even as he departed.

Three tandems were along for the ride along with 14 other bikes. After Randy's departure, two tandems moved to the front and provided a rare thing— a tandem tandem pull. But shortly thereafter, one of the tandems inexplicably continued straight when the route took a left. The group was easygoing enough that they were easily convinced to sit up so that the wayward tandem could return to the fold. "It's a good thing they were on the right side," Bill Strome observed after this unexpected maneuver.

Unfortunately the formerly wayward tandem had mechanical problems with the front derailleur shortly after their unauthorized departure from the route, proving once again that the bike gods work in mysterious ways.

"Who needs anything other than the big ring?" said an anonymous rider. Fortunately for the captain and stoker of the stricken tandem, Billy's Bike shop was open and willing to repair the bike on the spot. The repair would take a while though, and they were goners for the rest of the day.

Somehow around this point Rollin Richman disappeared. His fate is currently unknown.

Aside from the mechanical trouble on the part of the

by Dave Newman

tandem, no flats or mechanicals were noted.

The route through Richland was somewhat unnerving, and perhaps for this reason, the group did not stop there for rest or refreshment. Instead, the group continued on, largely pulled by Dan (my apologies Dan, I don't remember your last name). After passing through Richland, the route became more hilly. The hill on D between the river and North Westledge was particularly noteworthy. Dave Newman said, "This is a nasty little hill," to which some wag replied, "Aren't they all?"

After crossing US 131, the group diverted from the published route to obtain refreshments at the party store at Ravine and D Avenue. The storekeeper said, "You're not doing the 6th street hill are you?"

When an affirmative reply was offered, she said, "You guys are gluttons for punishment." That sentiment appears to be difficult to contradict given that everyone in the group rode the hill; no one took the alternate route around it (*Probably because the alternate route was longer -Ed*).

A bee flew inside Dave Newman's glasses on Almena Road. The identity of the insect is uncertain as it failed to produce a pilot's license or other valid identification. Newman claims it bit him on the nose, but the injury turned out to be as minor as his reaction was excessive.

A short time later, the metaphorical horses began to smell the metaphorical barn. Captain Dave and Stoker Jill on a mean-looking black Cannondale tandem in particular began to put the hammer down, and the other remaining tandem also attacked the hills on M Avenue. "All the work gets done in the back," Jill was heard to say in response to a compliment from Captain Dave.

The group finished strong, with somewhere between 101 and 103 miles, depending on whose odometer you trust. The group spent about 5 hours 30 minutes in the saddle and finished the ride at about 3:00pm. Greg Bouwman intoned, "That was a great ride." And indeed it was.

The rain forecast for this afternoon held off until after the ride was over. The weather was cloudy enough keep the sun off but not cloudy enough to make it cold. Aside from

the profusion of chipseal on the roads and the one mechanical problem, the ride was a complete success.

The Ride Around Kalamazoo County: its better than mowing the lawn (but then that goes without saying).



## Tom Cross' 12 Hours Of Pando *(Hey, it's better than Axel Kleat)*

We did 12 hours of Pando Saturday. I was on a 4 man team with the Jman, G. Paul Zimmerman and the Wolf Cub. The Jman hadn't been on a bike in 3 or four months. He actually had ridden twice this year. G Paul hurt is ankle and hasn't ridden much lately. Even so I expected them to contribute. Luckily the Wolf Cub was at the top of his game.

There were 6 teams in our division (4 man vets). I thought, "Sweet a top-10 finish, probably even top 6!" Unfortunately by the 4 PM posting we were in 3rd. That meant \$. I had anticipated lap times on the 4.25 mile loop to run between a screamer at 20 minutes and a Jman pace loop of about 29 minutes. There were some elite/expert riders there and they were turning in 19 minute laps. The course wasn't too difficult. A couple of short tricky climbs which I made about 75% of the time. The worst was the insult to injury little riser at the top of the ski slope face.

The Wolf Cub led off with 2 solid laps, one under 21 minutes and the other under 22. I went second with a the same results. We sent the Jman out and he did a 31:29. I asked him just before he hit the chute if he was going out again and he locked up the brakes and nearly took out the timing table. He was coming in, time for G Paul to show his stuff. Unfortunately G Paul left his stomach somewhere out on the course and would be good for only about a 28 minute lap.

Time for RW (Wolf Cub) to go out again. Sweet! A 20:18 lap! Our team's best of the day. Followed by another fast lap, then I was out. I had eaten, planning on a little longer rest in between laps, I spent most of the first lap backed off a little trying to digest, I came in just under 23 minutes and my second was about 2 minutes faster. I had had the flu earlier in the week and by now had taken more trips to the head than laps on the course, eventually I ended up with 8 trips to the bathroom and 10 laps on the course.

The Jman went out and came back within seconds of his first lap time. Paul did the same. He was starting to look a little better as well. I know they were both feeling better because the topic had turned to a trip to The Big Burrito after the race.

Then Pablo went out for 2 more stellar laps then I went. I had adjusted my eating to stuff more

digestable. I was living on Cytomax and gels now. I had some nasty gas (*Tom—So what else is new? -Ed*). What was tricky was knowing what was gas and what was diarrhea. (*Ooh, I hate it when that happens!! Sorry folks, but we had to edit out some really colorful stuff here. Use your imagination. -Ed*)

By now both Paul and the Jman were feeling better. They went out and did their laps again about the same time. They were talking about night laps and I told them I expected them to be within a minute of their day laps. Neither had ridden at night before. They didn't have lights so I loaned the Jman my bar light and G Paul was going to "share" my helmet light.

RW did 2 more laps and I did 2 more, my second coming in where it was dark in the woods but still light on the trail. Since I had Lasik this past spring my night vision has declined but is especially bad at dusk.

I lost track of the time and missed the Wolf Cub coming through, his first lap and second lap. He came in at an hour 10 for three laps, not bad at all. I went out about 11:20 pm. I knew I would get 2 laps in but didn't think I could get them in before midnight. I busted on the first lap but it was only good for about a 23 minute lap. I hit a tree on my second lap, and now have matching shoulder bruises. Also I hit all the traffic in the single track sections.

I was still on the course near the end and asked a guy I was passing how much time I had and he said it was a couple minutes after midnight. Didn't make it.

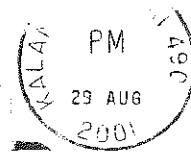
We finished 4th by a minute and 39 seconds. I think of all the places I could've made up that time. Anyway it was fun. I rode more than I expected and had to adjust my food strategy in the middle. We had 29 laps, RW = 11, Me = 10, Jman = 4 and G Paul = 4. RW averaged under 23 minutes and I was just over I think.

In a rare and hopefully trend-setting situation I did not have a mechanical. My legs never felt too bad. My arms got tired, I got sloppy, my old Potowatomi injury was killing me, and I had a little trouble seeing at night.

I can't wait for the Boyne 24-hour event! Ought to be twice as much fun, right?



**KALAMAZOO BICYCLE CLUB**  
 P.O. Box 50527  
 Kalamazoo, MI 49005



**ADDRESS CORRECTION REQUESTED**

2002/02

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 313 Horseshoe Court  
 Plainwell, MI 49080

**KBC OFFICERS**

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**KALAMAZOO BICYCLE CLUB MEMBERSHIP APPLICATION**

**Dues (Check One)**

- Adult Membership .....\$15.00
- Family.....\$17.00
- Senior (60+).....\$13.00
- Youth (17 or younger).....\$13.00

**Please Print**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Birthdate \_\_\_\_\_  
 E-mail \_\_\_\_\_

**Family Member Names**

**Birthdates**

_____	_____
_____	_____
_____	_____
_____	_____

Signature \_\_\_\_\_

Parent's Signature (if under 18)  
 \_\_\_\_\_

Interested in working on KBC Events?  Yes  No

Rider Category: Fitness  Casual  Competitive

SEND TO: KALAMAZOO BICYCLE CLUB, PO BOX 50527, KALAMAZOO MI 49005